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Muckleshoot MONTHLY



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OCTOBER 25, 2012

CANDIDATES NOMINATED FOR 2013 TRIBAL ELECTIVE OFFICES

NOMINEES

Tribal Council (3 Positions)

- Lisa James
- Fawn James-Hutchens
- Nick Bennett
- Fay Moses
- Mike Jerry, Sr.
- Greg Swanson
- Virgil Spencer
- Valerie Bellack
- Todd LaClair
- Susan Starr
- Katherine Arquette
- Mike Edwards
- Phillip Hamilton
- Carl Moses, Sr.
- Angelica Roberts
- Linda Starr
- Mardee Rodrigues
- Danny Ames
- Douglas Moses
- Dawn Miller
- Janet Emery
- Melvin Daniels
- Tammy Byars
- Charlotte Williams
- Tammy James

School Board (2 Positions)

- Anita Pedro
- Michele Rodarte
- Valerie A. Daniels
- Maryann Moses
- Elaine "Toots" Baker
- Rhonda Cabanas
- Greg Swanson
- Luella Sandoval
- Mary C. Daniels
- Lillian Daniels
- Sonja Moses-Tuilata

Judicial (1 Position)

- Sharon LaClair
- Donna Starr
- Caryn Avila
- Marcellina DeLatorre
- Colleen Anderson

MUCKLESHOOT – Tribal members assembled for this year's Public Caucus on Thursday, October 11, 2012, in the Cougar Room of the Philip Starr Building to nominate candidates for the elective offices of the Muckleshoot Indian Tribe.

Six (6) offices will be voted on this year, including three (3) positions on the Tribal Council, two (2) positions on the Tribal School Board, and the Judicial Officer position. The Tribal Council positions up for election are currently held by Mike Jerry Sr., Virgil Spencer and Charlotte Williams. All three incumbents were nominated for another three-year term.

A total of 25 individuals were nominated for the Tribal Council positions up for election. Eleven (11) individuals were nominated for three-year terms on the Muckleshoot School Board and five (5) were nominated for the position of Judicial Officer. The list of nominees is subject to change, as candidates have until close of business on Thursday, November 1, to withdraw their name from consideration.

Tribal elections are held annually, with one-third of the nine-member Tribal Council coming up for election each year. The three with the highest vote totals are elected to serve three-year terms. The tribal election is always held on the third Monday in January in conjunction with the Annual Meeting of the General Council. This year, tribal election day falls on January 21.

Enrolled tribal members who will be 18 years of age or older as of the day of the election are allowed to participate in the voting, which will take place from 8:00 AM to 8:00 PM in the Cougar Room of the Philip Starr Building.

It is also possible to vote via absentee ballot. Requests for absentee ballots must be received by the Election Administrator not later than November 15. The absentee ballots will be mailed out on December 6. In order to be counted toward the voting totals, completed absentee ballots must be received no later than the Friday before the election, which will be Friday, January 18, 2013.

Any further questions about the 2012 tribal elections may be directed to Tribal Election Administrator Mardee Marquard.

New Elders Center Celebrates Grand Opening

It was a long time in the making, but the results were well worth waiting for. The new Muckleshoot Elders Center is definitely one of the showplaces of the tribe and is getting rave reviews from all.

The long process concluded with a huge grand opening on September 26, when more than 750 people gathered to celebrate a new beginning in the tribe's history of service to its honored elders. It was a huge success, beginning in the front courtyard with an invocation by Donna Starr and remarks by Tribal Chairman Virginia Cross, respected elders Bucs'lah (Pete Jerry), Hoagie King George and others.

The crowd then moved indoors for a feast of native foods and music by Elvis's backup band. People from many different tribes – mostly elders, but there were also younger people and children – wandered through the expansive new facility after they finished their meals and marveled at.

There had actually been a "soft opening" months before, when the Elders Program moved out of the tiny Senior Center it had long ago



PHOTO BY JOHN LOFTUS

outgrown and into its sprawling new quarters. The staff had time to get used to its large new commercial kitchen and make lots of other adjustments.

A grand opening was scheduled for August, but had to be postponed when one of the elders lost his balance on the uneven surface of the

flagstone floor of the main lobby of the new building and the entire floor had to be replaced.

"The safety of this building, and ADA and handicapped issues were really a top priority for the Elders Committee in designing the new facility," Elders Program Manager Wendy Burdette said. "They really

felt that we needed to look forward in forward thinking of how to take care of the elders, with safety at the forefront."

The August date turned out to be pretty tough one, anyhow. As it turned out, the Elders Center had to feed the entire Canoe Journey as

continued on page 2

MIT honored with County Executive's Award for Community Preparedness

The Muckleshoot Indian Tribe and the Wesley Homes Lea Hill senior housing community in Auburn were both honored recently by King County Executive Dow Constantine with the annual Executive's Award for Community Preparedness.

The award is given each September during National Preparedness Month in recognition of outstanding efforts made by volunteer organizations to prepare for and respond to emergencies and to promote safer communities, strengthening King County as a whole.

"When a disastrous ice and snow storm knocked out power and blocked roads last January, the staff and volunteers of the Muckleshoot Tribe jumped into action to open warming shelters and transport elders and others in need, keeping their residents safe and secure," Constantine said. "I was also deeply impressed by the level of commitment shown by residents and staff at Wesley Homes Lea Hill to strengthen the resiliency of their community. In both cases, I am especially proud to honor the spirit of self-reliance shown by the hardworking volunteers and to hold them up as a model for others to follow."

Tribal Council Vice-Chair Mike Jerry Sr. and Emergency Services Coordinator Ada McDaniel attended the event, with Mike accepting the award on behalf of the tribe.

Muckleshoot was chosen for its quick action after last winter's devastating storm coated roads with ice and fallen debris, knocked down power lines, and left many tribal residents in the dark and without heat for many days. Tribal emergency operations professionals activated their response plan, opening



PHOTO COURTESY KING COUNTY

King County Executive Dow Constantine honors the Muckleshoot Indian Tribe with the Executive's Award for Community Preparedness in recognition of its exemplary response to the ice storm of 2012. Left to right: MIT Emergency Services Coordinator Ada McDaniel, King County Councilmember Peter Von Reichbauer, Tribal Vice-Chair Mike Jerry Sr., County Executive Dow Constantine.

shelters and dispersing dozens of volunteers to go door-to-door to assess residents' needs. More than 150 elders and other vulnerable citizens were taken to shelters, provided hot meals and a place to sleep until heat and power were restored several days later.

Twenty-three community volunteers and 160 tribal employees provided service to the community during the storm. Twenty were community volunteers that came with their families or by themselves to ensure the MIT community had provisions through the storm. Two volunteers

came from the Puyallup Tribe, including a Tribal Council member.

"The impressive work done by the Muckleshoot Tribe and their volunteers during those freezing, dark days went above and beyond the norm," Constantine said.

"The dedicated volunteers at the Muckleshoot Indian Tribe are huge assets to their community, and deserve this honor," added King County Councilmember Pete von Reichbauer, who represents Auburn, the Muckleshoot Reservation, and other south King County communities. "They provide an excellent

model of ongoing community coordination that will have a positive influence throughout the region."

"As we head into another winter storm season, it is more important than ever for communities to be prepared," Constantine concluded. "We encourage everyone to follow the examples that we honor today, and to prepare themselves, their families, and their neighborhoods for the next emergency."

For tips and information on emergency preparedness, visit www.kingcounty.gov/prepare.

Halliday is new Warm Springs BIA Supt.

John Halliday (Muckleshoot) is the new BIA Superintendent for the Warm Springs Agency and Eastern Oregon tribes including the Burns-Paiute and the Klamath. He began his new position on September 9. The Warm Springs Confederated Tribes hosted a welcoming ceremony in John's honor and it was expressed numerous times how proud his mother, Jeannie Thomas (Warm Springs), a respected elder there, would've been. She passed away in 2002.

Prior to his selection as BIA Superintendent, John worked as the Tribal Operations Manager for his tribe, Muckleshoot, for several years before moving on to the Department of Interior where he served as Native American Tribal Liaison for the SW region, reporting to the Assistant Secretary for Water and Science. During this time he worked with many different Southwest tribes, including the Havasupai, Navajo, Zuni, Hopi, Apache and Paiutes.

John said he "...misses the Northwest very much" and is glad to be closer to home. He is a member of the Courville and Siddle families from Muckleshoot.



John Halliday



ELECTIONS 2012: Your Voice – Your Vote

Election Day is just around the corner.

In a little more than two weeks we will elect our next President, United States Senator, Governor, congressional representative, State Supreme Court Justice and legislative representatives. The people we chose for those important positions will make decisions and create policies that will affect our lives in many ways for years to come. Make sure your voice is heard by exercising your right to vote.

It's important to remember voting is a right that was won only through the tireless efforts of many from our community who fought hard to remove barriers that kept Indian people from voting. It wasn't until the late 1960's that voting restrictions faced by American Indians were finally struck down. Organized voting registration efforts in the 1990's marked the emergence of Native political power. By voting you honor that hard work and sacrifice and add to the growing political power of our community.

The Native vote has played a pivotal role in many recent elections, so much so that our support is actively courted by candidates for public office. That translates into political power that will only continue to grow if we all stay engaged in the political process by paying attention to candidate's positions on Native issues and making our voices heard by exercising your right to vote.

Some believe that their vote doesn't really matter - that one vote surely couldn't make that much of a difference. Nothing could be further from the truth.

If Native voter participation here in Washington State is at a level comparable to the general population we would cast almost 90,000 votes in this election, enough to make the winning difference in important races. Recent polls show many of the campaigns here in Washington State are close enough that votes from the Muckleshoot community could mean the difference between winning and losing.

You should have by now received the Washington State General Election Voters Guide that provides useful information about the candidates and issues on the 2012 ballot. The Guide is also available on-line at this link; https://wei.sos.wa.gov/agency/osos/en/press_and_research/PreviousElections/2012/General-Election/Pages/Online-Voters-Guide.aspx

Ballots were mailed on October 17th and you should also have that by now also. If you don't receive your ballot within 10 days of Election Day, contact the King County Elections office at 206-296-VOTE.

Completed ballots must be postmarked by Election Day, November 6th, or deposited in a ballot drop box by 8:00 PM that day. Drop Box locations can be found at this link - <http://www.kingcounty.gov/elections/voting/balldropboxes.aspx>

A large turnout of Muckleshoot voters will send a powerful message to our elected leaders that Native voters are an important constituency who cannot be ignored and that our issues must be addressed. This is a critically important election so please take the time to fill-out your ballot and mail it before the November 6th deadline.

SUBSCRIBE TO THE MONTHLY...

The Muckleshoot Monthly is delivered free of charge to members of the Muckleshoot Tribal Community. You can help us to serve you better by providing us with an up-to-date address. Please fill out the form below and mail it to:

MUCKLESHOOT MONTHLY
39015 - 172nd Ave. SE,
Auburn, WA 98092

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SUBSCRIPTION REQUEST / ADDRESS UPDATE

New subscription Address change

Name _____

Address _____

City & State _____ Zip _____

If this is an address change, list previous address:

Address _____

City & State _____ Zip _____

I am a Muckleshoot tribal member,

I have ties to the Muckleshoot Tribal Community

Please explain: _____



Walter Echo-Hawk, 3rd from left, with Muckleshoot Tribal Council Members Kerri Marquez, Marcie Elkins, Mark James, Chair Virginia Cross and Vice-Chair Mike Jerry, October 16, 2012

Famed treaty rights lawyer Walter Echo-Hawk was a recent visitor at Muckleshoot. Watch for a major story in our next edition.

NEW ELDERS CENTER *continued from page 1*

Muckleshoot hosted for two days as it passed through on its way to Squaxin.

"Having 4,000 people in this new facility, we learned real quickly what worked, what didn't work, and how to get better," Wendy noted.

So, September came, the kids were back in school, and things had quieted down a bit on the reservation. The Elders Center was running smoothly day by day, but as the September 26 crept ever closer, they realized that they had A LOT left to do in order to be ready. Everyone - staff, committee members, and over 75 volunteers shifted into high gear and accomplished an amazing amount of work in those final weeks.

Crews of elders made giveaway items non-stop while other prepared food, canning preserves, elk meat and much more. One of the most noticeable needs was that the bare walls still had almost no decoration. Artists were engaged, a project to create a memorial wall of beloved elders, similar to the veterans' wall in the Philip Starr Building, was shifted into high gear, and glass cases were filled with wonderful baskets and other historical items.

It all came together as if by magic. On opening day, a marvelous formation of 54 framed photos of departed elders from all families was in place. It proved to be one of the most popular attractions, with many elders pointing out their family ancestors to the younger generation.

Only two days before the grand opening an 18-foot carved welcoming figure was raised in front of the building, facing its spectacular unobstructed view of Mt. Rainier.

"An important priority during the planning process was the setting of this building to face Mt. Rainier," Wendy recalled. "They really wanted people to be able to sit in the dining area and see the beauty of Mt. Rainier. So, we did a lot of different plans to make that happen."

The great day finally came. It was a huge success, and a debt of gratitude is owed to many people for their selfless devotion in making this fine new Elders Center a reality.

The spacious new dining room seats 240 people and can be divided in half; there's a library, a pool room, outdoor fish and clam pits and first class craft facilities.

"The cultural component was a big topic," Wendy said, "and now the elders can weave cedar, do beadwork, make quilts and much more - all with a glorious view of the mountain they all love so much."

ATTENTION

DECEMBER PER CAPITA DISTRIBUTION

WE WILL BE ISSUING THE 4TH QTR. (DECEMBER) PER CAP ON NOVEMBER 19TH & 20TH IN THE COUGAR ROOM AND MAILING OUT THE REMAINING CHECKS ON WEDNESDAY NOV. 21ST

DUE TO THE HOLIDAYS FINANCE IS ONLY OPEN UNTIL NOON ON NOV. 21ST and Off Nov. 22nd & 23rd

DIRECT DEPOSITS GO IN ON NOVEMBER 16TH

THE DEADLINE FOR DECEMBER'S DIRECT DEPOSIT WAS SEPTEMBER 28TH.

IF YOU WOULD LIKE DIRECT DEPOSIT FOR MARCH 2013 PER CAP THE PAPERWORK MUST BE SUBMITTED TO TAX FUND BY DECEMBER 28TH.

If your having someone pick up your check you must give Tax Fund a notarized letter stating who that person will be

ANY QUESTIONS PLEASE CALL

YVONNE EMERY - 253-876-3162 OR HEATHER EVANS - 253-876-3189

MUCKLESHOOT TRIBAL COUNCIL OPEN HOUSE

The Muckleshoot Tribal Council is hosting an open house November 14th from 4-7 PM in the Philip Starr building. This will be a time for you to see what tribal programs have to offer, ask questions, meet the staff & enter into the general council drawings for \$100, bingo passes & gift cards. Drawings will be held the following morning, no need to be present to win!

Muckleshoot Canoe Family After Journey Dinner

November 3rd @ 1:00pm at the Muckleshoot Sla Hal Shed

Come join us for a meal, share stories, laughter, song & dance!

Muckleshoot Tribal Council
Virginia Cross, Tribal Chair
Mike Jerry Sr., Vice Chair
Virgil Spencer, Secretary
Marcie Elkins, Treasurer
Mark James
Kerri Marquez
Marie Starr
Louie Ungaro
Charlotte Williams

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A Note from Renee Sneatum, Personnel Committee Member

Hello u all. My name is Renee Sneatum and I am a Muckleshoot tribal member. For those who don't know me, I am the oldest daughter of the late Charles and Shirley Sneatum. This is to let people know that I am currently serving on the Personnel Committee and have been for about five years now. I really like it. At first I did not, but after going to our meetings I started to get to know the hiring managers and what their department was all about. I really enjoy what I'm doing and learning different things each week.

We are constantly meeting, at least two to three times a week. We do the screenings for the positions, then set a date on when the interviews will be. Our hiring preference goes as follows: Muckleshoot tribal members first; then Muckleshoot Descendants; then Natives; then non-Natives, for most of all the job listings. We have really had a good turn-out on hiring Muckleshoot tribal members within the past year.

When applying for a job with the tribe, we encourage people to fill out their application the best they can, which means any kind of experience or job you have had in the past. Always put it down on your application, whether it be for one day or twenty years. It's always good to know what your past work experience is like, and also if you have any college degrees or certificates. Always put this down on your application. Who knows? It might make your job search better.

Hope this information helps you a just a little bit. If it does not and you still have questions about your application, or need help filling it out, I will be willing to help as much as I can. You can get a hold of me at 253-283-9115, or have any of the HR Staff there to help you

Thank you,
Renee Sneatum



Renee Sneatum

Claude Lee (Punkin) Williams Indian name "CHEELBS"

Claude Lee "Punkin" Williams of Puyallup passed away in his home August 26, 2012. Mr. Williams was born October 26, 1944 and was 67 years old. He is survived by a son, Claude Jr.; two daughters, Claudine and Gerri Williams; stepdaughter Joylene Simmons; ex-wife Marlene Cross Williams; and his longtime significant other Barbara Lowe.

He is survived by four siblings, his sister, Mary M. Williams, and brothers Sidney, David and Benedict Williams, as well as many grandchildren and great-grandchildren. His life revolved around hunting, fishing, and his security work for the Puyallup Tribe.



In Memory of Punkin Williams

I would like to thank the Puyallup Tribe for all the help during the funeral of my children's father, Punkin. It is hard to lose a family member. It's hard to lose anyone.

Our grandchildren will never get to know their grandfather. Punkin was lucky to see and visit his granddaughter, Breezy Mae. He was getting ready to take his two older grandchildren out fishing, Chandra and Joseph. Now they only have memories of their Grandpa. (who was going to teach them to fish.) Jordan never got to know his grandfather, and that was my fault. I never had the time. Jordan only seen him when Punkin would stop and visit Kenny.

I have met his girlfriend Barb. It's a small world, because Barb is related to my children's Auntie Edie. Edie and Barb are from the same reserve in Canada. I would like to let Barb know that she is still family and we love you Barb. Our prayers are with you.

On behalf of my children, thank you for attending the service for my late husband. Thank You for the Muckleshoot Tribe and the members who attended the service. Thank you to Gerri Elkins for staying with me, it meant a lot.

Thank You from Marlene Cross, Daughters Claudine (chubby) and Gerri Lillian (Lullums) and His Son Claude Jr. (Junior).

Stanley Dean James

Stanley Dean James, 56 of Auburn, died October 10, 2012. He was born April 8, 1956 to Percey and Shirley James in Shelton, WA. Stanley is survived by his wife, Pam James; sons, Chad and Phillip James; daughters, Tara Vasquez, Stephanie Lauaki, Jordan Giauque, DeAnnarose James; brothers, Lloyd Smith, Wayne James, Joseph James and Eddie Green; sisters, Shirley Goodwin, Fay James, Ivy Yanish, Bonnie Graft & Connie Hill. He is also survived by 15 grandchildren. A funeral service was held, Saturday, October 13, 2012 at the Muckleshoot Shaker Church in Auburn.



Regina Goudy Webber

On April 15, 1930, Regina E. Goudy was born at home in White Swan, Washington to Apas and Amy Leslie Goudy. She was the 'baby' of nine children and was affectionately called "Gina". She spent her younger years in White Swan and later moved to Auburn, Washington when her dad worked in the ship yards.



Regina graduated from high school in Auburn – being the only Indian in a class of over 100 graduates. She began a job in the hospital as a candy stripper; this helped lead to her decision to attend nursing school. She graduated as an LPN from the Bacone School in Fort Still, Oklahoma. She began work as a nurse in Washington State and then moved to Browning MT to work in the IHS hospital. In Montana, she was known as "Reggie" and she had a nursing career of over 30 years.

Regina met George Stewart Webber Sr. and they were married on March 24, 1951 in Auburn, Washington. They had a family of five children: Rita Lynn; Daniel Dwayne; Julia Marie; George Jr. and Matthew John. Stew worked for Buttrey's, so they made their home in Cut Bank, MT and Harlem, MT before finally moving back to Browning in 1969. Stew and Reggie shared their lives together for 57 years.

It's easy to put in words, dates and information, but it's not so easy using words to describe the many qualities of Regina. How can you describe such things as her inner strength, being organized, her grace under pressure, her creativity and generosity? These and many other qualities were evident in her everyday life.

Creativity was shown in so many ways: sewing clothes, making flower arrangements, decorating the house at Christmas. Her creative flair was evident in ways like making Halloween costumes. Nowadays it's so easy just going to the store and buying costumes, but not Reggie. She made her costumes. One year she and Stew attended a costume party dressed as a clothesline: Stew was one tree and Reggie was the other tree with a rope between them. Even a few pieces of clean laundry were hanging on the line!

Her generosity was displayed in so many ways. Reggie was a good cook. She was cooking for a family of 7 so she knew how to be thrifty and made do with what she had. She went all out for holiday meals and there were many years when there were extras at the table. Reggie was always including someone who lived alone and had no family to share the holiday with. She didn't do things, either, to get others' attention, so many things went unnoticed: small gifts to friends, donations of clothes, fundraising for charities, encouraging others. Not anything earth-shaking, but her generosity was continual.

And organized.... what can be said about Reggie's being organized? Potlucks and dinners were made easier because Reggie suggested ways of serving the food; yard sales were orderly, and schedules planned ahead of time, to name a few. In today's time when people travel, it's the norm to pull over to a fast-food restaurant for a hamburger at lunch time. But Reggie liked to make little lunches to take: fried chicken, hard-boiled eggs, and small containers of salads or pork and beans all neatly arranged in a cooler. This made for a nice picnic as well as saving money on the way.

And inner strength could be seen in everything. She never quit anything she started. If there was an emergency, Reggie didn't lose her head, but would look at the situation and take care of it. She wouldn't complain and tried not to burden others in any way. She just took care of matters in the best way she could. This is grace under pressure.

Reggie had a wide range of interests: crossword puzzles, basketball and cross country, camping and picnics, scrabble, card games, reading books, scenic drives, bingo, bowling, shopping and bird watching. But what she loved most was her family and being with them. She enjoyed time with friends and took the time to be with friends. She was happy to watch her grandchildren and great-grandchildren growing up. Family was always important to her.

Regina E. Webber had a long battle with health problems for the past two years. She loved God, she loved life, and she loved her family. But on Friday, September 28, 2012, she could not battle any longer. As she said, "I've lived a long life. There have been good times and bad times, but I've had a full life. And I'm ready to go."

Being the youngest, she was preceded in death by her parents and siblings; her husband; one son and two grandsons. She is survived by children: Rita (Gordo) Horn, Julie (Andy) Schildt, George (Susan) Webber, and Matthew (Roxanne) Webber. She is also survived by 11 grandsons, two granddaughters, seven great-grandsons, and eight great-granddaughters.

Being our "elder" – she had numerous nieces and nephews: Steve Goudy; Irene Goudy Kai; Margie Goudy Williams; Georgiana 'Duchess' Starr; George Jr., 'Rabbit' Starr; Charlie 'Bear' Starr; Regina Starr Howell; Ernestine Starr; Mike Starr; Carl 'Bobe' Starr; Alfred Starr and Jack Starr. She also had extended relatives throughout the Yakama and Muckleshoot nations.



Vicki Helen Newman



Vicki Helen Newman, a Muckleshoot tribal member, passed away October 2, 2012 in Florida City, Florida. She was 69. Vicki was born June 15, 1943 in Auburn, Washington, to Helen Bertha Hamilton and Victor Joseph. Her birth name was Vickie Jeanie Joseph. She was adopted by James and Lois Avolio and raised outside of her Native culture. Her adoptive parents named her Jean Emily Avolio.

In 1978, she married William Newman, and they remained together until his death in 1991. They had no children together, but he treated hers as his own. At some point, learning of her birth family, she began going by the name of Vicki Helen Joseph. She lived in Illinois and Michigan and also traveled extensively.

Vicki is survived by her four daughters, Sandra Faye Nessett, Sarah Marie Novak, Gina Maria Hillesheim and Tina Marie Smith; her siblings, Alfred White Eagle Sr., Ella Mae White Eagle, Martin White Eagle, Albert "Bud" White Eagle, and Ben White Eagle; her grandchildren Mark Anthony Dennis, Amanda Elaine Dennis, Brittany Marie Dennis, Stephanie Celeste Jones, Dion Anderson Smith, Amanda Dawn Novak, Cassandra Marie Novak, and Christine Carol Paulsen (aka CC), and numerous nieces and nephews.

She was preceded in death by her birth parents; her adoptive parents; her husband; and brothers and sisters Joseph White Eagle, Phillip "Hobbie" White Eagle, Ralph White Eagle, Nan Lane and Frank White Eagle.

Funeral Services were held on October 11, 2012 at the Muckleshoot Shaker Church. Arrangements were by Klontz Funeral Home.

Vicki's daughter Gina shared some memories to help us know her mother a bit.

Mom liked to travel and always enjoyed new experiences. We've been to every state except Hawaii. She would work wherever she could and make some money, and then we would move on. She always called it "the next adventure" and she always made it fun. There were many nights we would sleep under the stars, and she would tell us stories. Never quite sure if they were fairy tales or her life! Although we didn't have much, we had each other.

Mom had never finished school and she was adamant about making sure we did our best when we started school. She taught us everything she could think of before we started – so much so that I skipped Kindergarten altogether and went right to first grade.

When we were sick she would sleep by our side all night, even on the floor if she had to. I used to get severe sore throats and would cry in the night. She never left my side. She had all kinds of medicines she called 'home remedies' – much better than any the doctor could give me. Everyone came to her in their time of need. She helped everyone she met, even if she didn't know them. Mom always said that if someone is in need and you can help, just do it, because one day you may need help and your kind actions will lead others to help you in your time of need. She was always right.

Eventually, our traveling days were over as we were getting too big and needed to be in school, so we settled in Chicago.

Mom loved to paint and draw and sing and write and read. She was a great artist and I take after her. She taught me how to draw and paint pictures. She used to take scrap pieces of glass and make mosaic designs out of them and sell them for extra money when we were in need of supplies or food, and she used to make pictures out of felt strips, like the Hoover Dam, Niagara Falls, the Grand Canyon – all of the places we'd been. I remember we spent a lot of time on the beaches.

She talked about "back home" and how much she missed her family.

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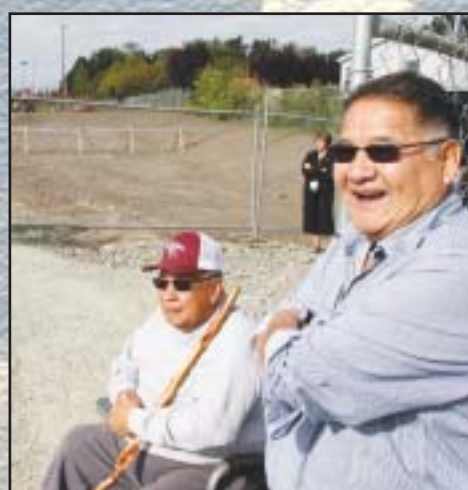
NEW MUCKLESHOOT LONGHOUSE TAKING SHAPE

Gigantic cedar longs have been planted in the earth and fitted with stout Douglas Fir crossbeams to create the supporting structure of the new Muckleshoot Longhouse. It's an amazing sight. "This is something we'll never see again in our lifetimes," Mike Jerry Sr. says.

PHOTOS BY JOHN LOFTUS



Smokehouse members look on as the first log is raised.



ARCHITECT'S DRAWING OF THE LOG FRAMEWORK



Muckleshoot Utility District's Standpipe Reservoir Gets a Facelift

By Jason Van Gilder, P.E.

Our reservation's most prominent water tower is getting a new coat of paint this fall. Because it is visible from so many places throughout our reservation, we wanted to make a great statement about our tribe and reservation by adding an appropriate graphic on it while we are repainting it.

The painters from J&L Company have finished cleaning, priming, and painting the reservoir. After that, Rolf and Peter Goetzinger from the company Artist Brothers applied our Tribal Logo and a Muckleshoot Fish design to the outside of the tank. You can see some of these artists' other work, including several water tank paintings, at their web site www.artistbrothers.com

The very sharp-sighted of you will probably have noticed by the time this article goes to print that the fish on the side of the tank matches one of the fish in the Tribal School logo. There are actually four different fish on the school logo, but only one of them was incorporated into the water tower design. The final design selection for the reservoir was made with the input of our Executive Community for Community Development. The design graphics was created by graphic artist Michael Herbert of Tacoma's design firm BCRA.

So Why Now? You might be wondering, "Why are we painting the tank now?" After 16 years in the sun, rain, and snow, the tank coatings are actually holding up fairly well. There are several small spots around the tank that were rusting and did need to be repaired, but on the whole the paint coatings were doing a pretty good job. However, this tank is a very important component in our water distribution system and it was felt that we wanted to be pro-active in repairing any rust spots and to do our best to ensure this tank is well maintained and protected from our northwest weather for years to come. We also wanted to take the opportunity to make this tank look as good as we can since it is so visible from the Tribal administration buildings and the Pow Wow grounds.

So why September? Now you are probably thinking, "No! I meant, why are we painting it in September and October instead of July and August when it's painting season." Oh, Right! There is a very good reason for that too.

With the way our water system is constructed, this tank needs to remain full of water in order to keep our distribution system functioning correctly. And since the water in the tank was just pumped out of the ground,

its temperature stays a very consistent 55 to 60 degrees. This cool water keeps the outside of the tank around 60 degrees all summer.

That means in the hot parts of the summer the tank will often "sweat". This is exactly the same principle that makes the outside of the glass holding your ice cold beverage wet on a hot day. Since the paint does not stick to wet surfaces we had to wait until the temperature cooled off a little bit before we started painting. To be precise, the most critical meteorological measurement is not temperature, but the dew point. This is related to temperature but is not exactly the same thing. This is another interesting subject, but probably best left to the aspiring weather forecasters to research somewhere other than the *Muckleshoot Monthly*.

What About the Other Reservoir? If you are wondering if the old reservoir on the other side of the highway is going to be painted too, the answer is no, we do not have any plans for painting that reservoir. Because of its relatively small size and lower elevation, that reservoir is not being used. It would be prohibitively expensive to put this reservoir back into use, so we have not considered it to be worth the money it would cost to repaint it.

Is the Inside of the Tank Going to be Painted? The inside of the tank does have a paint coating on it, but we are not repainting the inside at this time. We did have an inspection of the inside done earlier this summer. A firm that specializes in tank inspections sent a diver with a video camera to the bottom of the tank for that inspection. Their report was that the inside of the tank is in good condition and does not need any repairs.

Here are some other interesting things about the recoating project. The sky color behind the logo actually has a tinge of blue in it and is called by the paint manufacturer "Arctic Rain". This color was recommended by the logo artists who have used it on several other tanks to better blend in with our northwest skies. The paint coating system being used is a Polyamide Epoxy primer with a Polyfunctional Hybrid Urethane topcoat. Try impressing your friends by telling them that. Just be ready to make up something interesting if they ask what it means. The brand of paint being used is Tnemec. This is the same brand of paint that was used on the tank originally back in 1996 and was also used to repair the "elephant's foot" that occurred on the side of the tank during the 2001 earthquake.

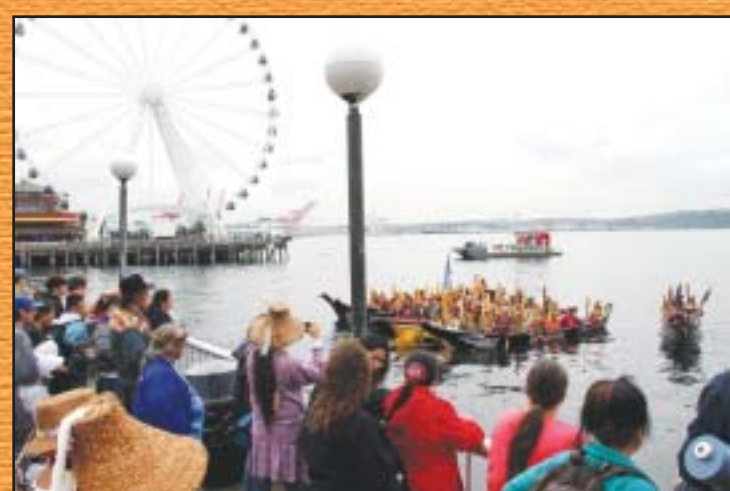
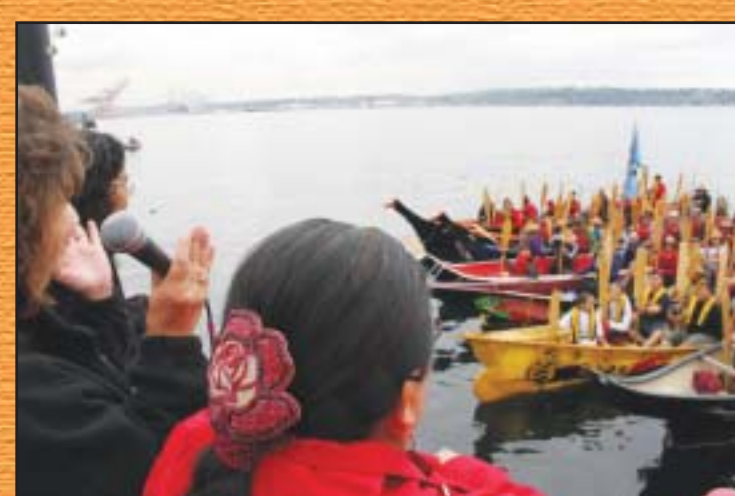
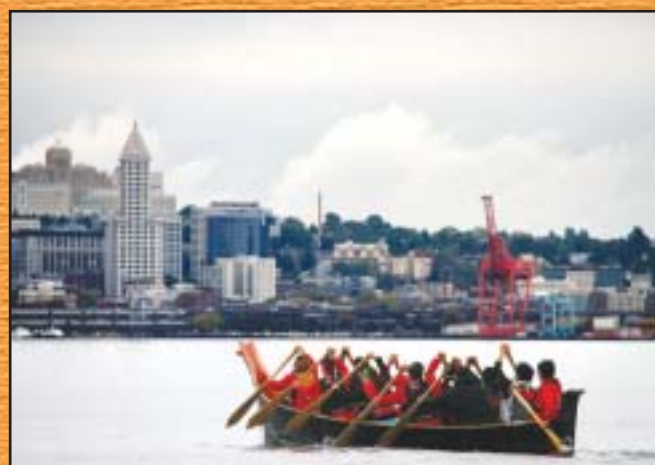
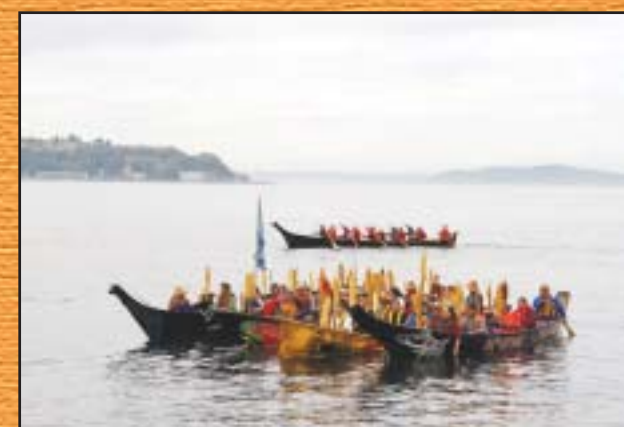
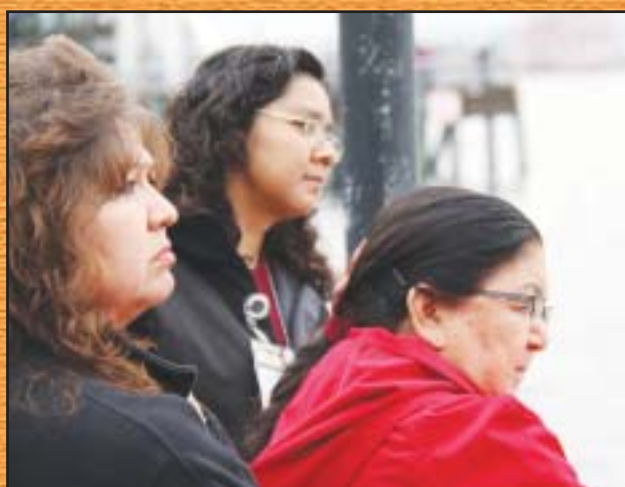


MUCKLESHOOT INDIAN TRIBE HOSTS

SALMON HOMECOMING 2012

Saturday, September 22, 2012

PHOTOS BY JOHN LOFTUS



BOYS SUMMER BASKETBALL



Kash Nichols, Ryan Thompson Jr., River Allen and Kobe Courville
2nd Place @ Showare Center 3on3 in Kent



Ryan Thompson Jr., Kash Nichols, River Allen and Wyatt Courville
Yakima 3on3—Good Job Boys!

Third Graders Learn About the World in Social Studies

Submitted by Cinnamon Enos

Third grade students at MTS are studying community in social studies. We are starting with the seven continents. Students are making their own globes out of paper mache! What messy fun we are having! Next, we will look at the Earth's layers and volcanoes. Later, we will look at the North American continent specifically and the different tribal regions.



Muckleshoot Indian Tribe Halloween Party

Monday, October 29th 2012
6:00 pm - 9:00 pm
Emerald Downs
Costume Contest:
Most Original Costume, Scariest Costume, Funniest Costume
Age Groups: 0-5, 6-12, 13-17, 18-49
1st, 2nd & 3rd Place Winners:
1st place 100 Gift Card, 2nd Place 50 Gift Card, 3rd Place 25 Gift Card
1st, 2nd, 3rd place prizes for 50 and up
Contest pictures start at 6:00
Deadline for contestants is 7:30 pm
Cake Decorating Contest:
Everything must be edible
70% cake, 30% can be other food items
6:45 deadline for cake decorating contest
Happy Halloween!
From the Event Planning Team
Games Treats Fun Prizes Crafts

Muckleshoot Kings Fall Sports Schedule

Date	Day	Sport	LVL	Gender	Place	Time	Opponent	S	Facility	End Time	Dismiss	Transportation	Depart	Notes	Return
10/22/12	Monday	Volleyball	7	Girls	A	3:30PM	Rainier Christian School		Kent Commons		2:10PM	Shuttle	2:30PM		6:00PM
10/22/12	Monday	Volleyball	MS	Girls	A	4:30PM	Rainier Christian School		Kent Commons		2:10PM	Shuttle	2:30PM		6:00PM
10/23/12	Tuesday	Volleyball	V	Girls	H	6:00PM	Quilcene High School		Muckleshoot Gymnasium	TBA	TBA		TBA		TBA
10/25/12	Thursday	Soccer	MS	Coed	A	3:30PM	Heritage Christian School		Heritage Christian		1:40PM	Shuttle	2:00PM		7:00PM
10/25/12	Thursday	Volleyball	7	Girls	A	3:30PM	Carbonado Historical School		Carbonado		2:00PM	Shuttle	2:20PM		6:30PM
10/25/12	Thursday	Volleyball	MS	Girls	A	4:30PM	Carbonado Historical School		Carbonado	6:00PM	2:00PM	Shuttle	2:20PM		6:30PM
10/27/12	Saturday	Cross Country	V	Coed	A	TBA	Tri-District Championships		American Lake GC			Suburban	8:00AM		4:00PM
10/27/12	Saturday	Volleyball	V	Girls	A	9:00AM	Sea-Tac 1B League Tournament		Mount Rainier Lutheran			Shuttle	7:30AM		6:00PM
10/27/12	Saturday	Football	V	Boys	A	1:00PM	Rainier Christian School		Kentlake			Bus	11:30AM		4:00PM
11/02/12	Friday	Football	V	Boys	H	TBA	OPEN DATE								
11/03/12	Saturday	Cross Country	V	Coed	A	TBA	State Championship		Sun Willows GC			Shuttle			

Lady Kings Volleyball Team vastly improved this year

Coch Taneisha Tilque

Muckleshoot Tribal School High School Volleyball Team soared past Lummi High School beating them in 3 at Lummi and then again in 4 at MTS, earlier last month. In just three weeks, the High School Volleyball Team has seen more victories in previous seasons.

After nerves were conquered losing to Auburn Adventist Academy for their first game, the team came out two days later claiming victory over Lummi High School twice. Although they lost their next two games against two very experienced teams, Neah Bay and Christian Faith School, the girls managed to play their best, work together, and make great plays.

Many personal records and highlights have been accomplished within the last five games. Kacey Huffington served 13 points and 2 aces against Lummi. Leandra Keeline had 16 serves with 1 ace against Lummi. Lashawna Starr served 8 points with 3 aces against Lummi. Vivian Jansen had 4 kills against Neah Bay High School. Janel Hunter had 3 kills and 1 ace against Lummi and served 8 points with 1 ace against Christian Faith School. With a month left to go the varsity team hold a 2-3 record and are excited to see more victories along the way. Please come support your lady Kings.



Parents/Guardians,
Here is some ways to help our kids be successful.
C. Michael Aaron, Superintendent of the Muckleshoot Tribal School

15 Basic Rules Of Parenting

- 1. Be Realistic**— Many parents set unrealistic goals for themselves. One of these is to be *the best parent in the world*. Being a good parent is good enough for children. Don't berate yourself for not being perfect. Nobody is.
- 2. Be the Best Role Model You Can**— The most powerful and influential teaching tool is the model. Your children watch you every second they're with you. *Do as I say, not as I do doesn't work*. They will do as you do, so do the best you can.
- 3. Talk with Your Children, Not at Them**— Children know when they're being talked at, and they dislike it as much as adults do. They shut down so you can't get through to them. When you hold conversations, invite their input. Show respect for their opinions and solutions. Then you make the final decision—*you* are the parent.
- 4. Give Your Love Openly**— The more children feel loved by you, the more they will listen to you and learn. Unconditional love is a great teacher. Give it with your hugs, kisses, and words.
- 5. Keep Your Promises**— If it proves impossible, apologize and make it up to them. Better yet, don't make promises you may not be able to keep. Everything you say becomes suspect when you go back on your word.
- 6. Lighten Up**— Don't take yourself too seriously. Allow yourself to laugh when things don't go as planned.
- 7. Encourage Creativity**— Ask questions to stimulate your children's curiosity and interest. If they seem to be repeating old ways, ask them to brainstorm how they could do things differently.

Stay tuned for the remainder of the "Basic Rules of Parenting" next month in the Muckleshoot Monthly.



Muckleshoot Kings Football Wrap-Up

By Coach Eckhart

September 7 vs. Clallam Bay – The Muckleshoot football season started September 7th with Clallam Bay. It was a big mile stone for the team. In the history of MTS football we have yet to have enough eligible players to play the first game of the season, until this year! At the end of the school year the Tribe helped us go to football camp at Whitworth University and the young men that went there made a commitment to make school history and play the first game of the season. The eligible player's that night were Fr. Clarence Barr #20, So. Kaleb Cline #12, Sr. Xavier Fulgencio #7, So. J.R. Hamilton #24, Jr. Josh Hamilton #51, Jr. Ben Lazar #70, Sr. Ryan Rodarte #25, Jr. Charles Starr #10, Sr. Danny White #52. For three of our players it was not only the first game of the season but it was the first game they've ever played. After a rough first quarter we settled down and by the second half and played even football.

September 14 vs. Tulalip – On September 14 the team had their first road trip up to Tulalip. The King's took eleven young men to the game. The team started out slow but by the end of the game was putting together some good drives. J.R. Hamilton started for his first time at Quarter Back. After a quick learning curve, he had a good day, running for over fifty yards and connecting on some passes, one for a touchdown. Ryan Rodarte had a good day running, along with his second kick-off return for a T.D. and he caught a pass for a T.D. The Kings are learning more and getting better every game.

September 28 vs. Evergreen Lutheran – The Kings Football team played Evergreen Lutheran on Friday September 28th, there 1st Divisional game. Kaleb Cline made his first start at Quarter back and finished with three touchdowns, two running and one on a 56 yard pass from Harvey Starr. Ryan Rodarte had another touchdown to make it three straight games with one or more TD's. JR Hamilton led the Kings with 11 tackles. Even though the Kings came up short on the score the eleven players battled hard to the end.

October 10 vs. Lummi – On a shortened week the Kings got to play Lummi Wednesday at 5:00. Lummi came in with an undefeated record in league play and 40+ players. After some early mistakes that put the Kings in the hole they started to settle down and play better football. Ryan Rodarte kept his Touchdown streak alive with a 50-yard pass from Buddy Brendible and a kick-off return for a TD, making five straight games with TD's.

With five players out on injuries and eleven players able to play in the game, the Kings never stop battling, scoring in the last minute on a 65-yard pass for Buddy Brendible to Xavier Fulgencio. In the end, the Kings ended with 28 points – all by Seniors – fitting for Senior night.

On a side note, Josh Cline who is a QB/LB/K/P for the Kings, over the summer placed 1st at the Punting and Kicking Camp at Pacific Lutheran University. He got invited to the UW vs USC football game as a possible recruit. While on the sideline pre-game, he got a chance to meet and talk with Sonny Sixkiller, an all-American Native quarterback for the Huskies.

REMAINING GAMES:

Saturday, Oct. 27 @ Rainier Christian School Kentlake 1:00PM
 Friday, Nov. 02, OPEN DATE @Muckleshoot Tribal School TBA

Thank you to all the Tribal members that have been giving these young men all the positive support. – Coach Eckhart

Go Kings!



Josh Cline with Sonny Sixkiller

Adult Work Training Program

The Adult Work Training Program (once called MIT Job Corp) is going through a transition; the scope of the program has been re-established to emphasize a job skills training that enhances the participant's future employability. The approach to accomplishing that task is to provide continuing educational opportunities and on the job experience. The Program has provided assistance to our community's seniors and elders, tribal programs and special events and is providing continued support in these areas.

AWTP hopes to provide an atmosphere that addresses the strengths of its members and allows for growth in matters that may restrict future successes, not only in their profession careers but in their personal lives as well. The first priority is to establish a "Clean and Sober" work environment providing all of the members an opportunity to concentrate of objectives and successful completion of twelve (12) month training program.

The Adult Work Training Program is in the progress of initiating an educational course that will allow for completion of General Equivalency Diploma (G.E.D.), if a High school diploma has not been completed, concurrently offering instruction to members on how to achieve educational and career goals. This will be brought about by providing instructional workshops and classes that provide educational curriculum and set objective to continue future learning opportunities after completion. The goal is to provide College Level Credits that will provide a spring board for continued education.

The "Job Shadow / Internship" program has been established and provides participants with hands on work experience in varied positions through Muckleshoot Tribal Governmental Programs and Commercial Enterprises. We currently have established positions at the Senior Center, Human Resources Department, and the Muckleshoot Child Development Center, and are working with Wellness Canter, Indian Child Welfare, and Casino on creating forthcoming partnerships for the Mentorship / Job Shadow program.

These partnerships not only focus on the mentorship aspect but will also include educational joint ventures. We at the AWTP look forward to communicating with other programs and businesses in the future to provide a variety of career options to our members.

Recent success stories include the hiring of Corey Chambers at the ca-

sino. Corey achieved his educational goals while in the program and has since achieved employment at the Muckleshoot Casino.

The "Community Care Projects" provide opportunities to the AWTP members the opportunity to interact with seniors and elders. The provided services have included lawn care, transportation of belongings, general tasks.

The members also have recently given a hand with the gathering of cattails, berries, and Iron wood for elder's traditional use. Projects we look forward to providing additional support and production in the future. The participation in this traditional gathering work was a first for some AWTP members; an improved experience with cultural traditions will be shared and actively pursued as a part of the program's routine schedule.

The opportunity to assist the senior program with the processing of wild game provided an introduction the entire practice of butchering and canning. The canned meat was given away at the Grand Opening of Muckleshoot's new Senior Center on 9/26/2012. A special event the crew helped with the preparation and during the opening event as well. The crew has offered support with other special events such as the National Night Out, Elder's Dinner held at the Emerald Downs, and also assisted with event set-up or clean-up on several occasions.

Seniors and Elders requiring assistance may request work orders through the Senior Program. A Tribal Program may request assistance for special events and projects by filling a request out on the Tribe's website. Advance notice is needed as scheduling will be considered first come first serve basis.

The Adult work training hours are Monday Through Friday 8:00 am to 5:00pm. Any work request outside of these hours need advance approval from operational management.

We are in the process of broadening participation. Tribal members are encouraged to apply; and applications are available at the Muckleshoot Tribal Human Resources Department.

I, Melvin Daniels am privileged to work as the *Adult Work Training Program Manager*, and hope to build on the program successes and look forward to the AWTP being positive influence for our participants and to the community.



Bates Technical College offers degree programs at MTC

Bates Technical College offers college credit classes leading to three different Certificates of Training in Business & Management with the opportunity to continue to work towards a 2 year Associates of Technology Degree. Classes are offered year round at the Muckleshoot Tribal College with some classes being offered in a virtual classroom format online.

If you have a high school diploma or GED and are eligible for Muckleshoot Scholarship funds, meet with the Bates representative to register on November 5th. If you are not eligible for Muckleshoot Scholarship funds you may still join the classes through individual/personal tuition payment.

A representative from Bates Technical College will be holding registration for the classes offered this winter at the Muckleshoot Tribal College on November 5th from 9:30 to 10:30.

Classes will start November 26th and end on February 16th.

Classes are offered on Mondays and Fridays between the hours of 8am and 5pm

For further questions, call Cynthia O'Brien, Bates Training Coordinator, at 253-680-7192.

The class offerings for winter quarter are:

HREL 111	Human Relations: Self-Promotion/Interviewing skills 5 credits
CMST&220	Public Speaking 5 credits
MKTG 110	Principles of Management & Supervision 5 credits
MKTG 201	Intro to Leadership Skills & Ethics 3 credits

Head Start seeking community volunteers!

Muckleshoot Head Start is looking for volunteers in the follow areas to come speak to (and work with) our students:

- Wood carving
- Indigenous foods
- Storytelling
- Dancing
- Stick games
- Tribal history (at an age appropriate level)
- Bead work (children can practice with pony beads)
- Pacific Northwest art
- Fisheries/biology/wildlife/hunting
- Canoe Family

If you are interested, or know someone who may be, please contact Betsy at Head Start at 253-876-3156.

Bates Technical College Winter Offerings at the Muckleshoot Tribal College

2012-2013

Registration Day – Nov 5, 2012, 9:30am to 10:30am Only

Registration is only open Nov 5 thru Nov 9. Withdrawal deadline for the quarter is December 7. No withdrawals from any classes will be accepted after that date.

ALL CLASSES WILL START Nov 26 and end Feb 16. Classes meet every Mon & Fri. from 8am to 5pm

Registration Process – Hand in all copies of the below items at Registration Nov 5th:

1. If you are a returning student - print out a copy of your Bates transcript
2. Complete the Muckleshoot Scholarship Application if needed and fax your portion of the budget sheet to Bates **ATTN: Karin Frans at 253-680-7021**
3. Complete the Bates Registration form – use class examples below

If you are completing this application at the Muckleshoot Tribal College office – turn all forms in to the front desk for a Bates representative to pick them up – DO NOT MAIL THEM to Bates!

Follow the example below and only fill in the boxes that are filled in below

Item #	Program	Course #	Days	Time	Class Hrs	Instructor
6903	Human Relations	HREL111	Mon & Fri	8:00 -10:30	5Cr	Maguire
6962	Public Speaking	CMST& 220	Mon & Fri	10:30 –1:00	5Cr	Maguire
3309	Principles of Mgmt/Supervision	MKTG 110	Mon & Fri	1:00– 3:30	5Cr	Maguire
3313	Intro Leadership & Ethics	MKTG 201	Mon & Fri	3:30- 5:00	3Cr	Maguire

Filling out the Bates Registration form reserves you a seat in the class. Your final registration is contingent upon your eligibility and approval by MTC Financial Aid.

All classes are dependent upon a minimum registration of 8 Students

QUESTIONS? Contact Cynthia O'Brien 253-680-7192

GED at the Muckleshoot Tribal College

- *Tutoring*
- *Online GED Resources*
- *Books and Study Materials*

Open M-F, 9-5*
*Limited staff availability Thursday 9-10:30

For more information please visit:
www.muckleshoottribalcollege.org
253 876-3375
Or email:
alicia.woods@muckleshoot.nsn.us

Come Visit the MTC GED Center!

For more information contact
Alicia at 253 876-3375

Now is the time to launch your dreams!

Muckleshoot Tribal College

MTC: 39011 Auburn Enumclaw RD SE, Auburn, WA 98002 www.muckleshoottribalcollege.com



Spring 2013 Clothing Voucher Distribution

REMINDER

The Muckleshoot Clothing Voucher Program will begin accepting completed applications for the Spring 2013 distribution beginning January 1, 2013 to all Muckleshoot enrolled Tribal Members 18 years of age and under: enrolled in an a Child Development Center, Birth to Three Program, Head Start Program, Kindergarten, Grades 1-12th or a GED Program.

Spring Distribution is based off attendance—10 or more UNEXCUSED absences, student will receive half (\$150.00) of the allowed amount

Westfield—South Center Mall is now an option for Clothing Vouchers. With a requirement that ALL receipts be submitted to the Clothing Voucher Program within 30 days of being issued.

Community Support Services Division
Clothing Voucher Program
39015 -172nd Ave SE
Auburn, WA 98002

Phone: 253-676-3370
Fax: 253-876-3070
Christina.chagnon@muckleshoot.nsn.us

Promoting indigenous self-determination and knowledge

Rooted in Cultural Knowledge
Bachelor and Associate Degrees
7 Pacific Northwest Campuses

NORTHWEST INDIAN COLLEGE
Xwilt'ik • Tul'Nee • 1967

www.NWIC.edu
39011 Auburn Enumclaw Rd. SE
Auburn, WA 98002

Merry Christmas

Save The Date: December 19, 2012
Muckleshoot Tribal Christmas Dinner & Party

Graphic design by Bonnie Graft

Student Incentive & Reward Program

Please Note.....

The Muckleshoot Student Incentive & Reward Program is now accepting applications for the current 2012/2013 school year. We will NO longer accept previous academic school year (2011/2012) applications.

We encourage students to continue to strive for excellence in academic achievement!!

COMMUNITY WRITING CENTER Fall Quarter

OUR WRITING SPECIALISTS ARE AVAILABLE TO SUPPORT YOUR INTEREST IN WRITING FOR SCHOOL, PERSONAL CREATIVITY, AND/OR BUSINESS

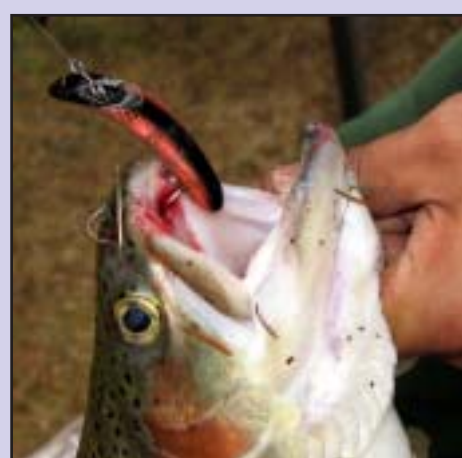
ALICIA WOODS
Alicia.Woods@muckleshoot.nsn.us
Wednesdays 5-6
Thursdays 5-9, Room 205

PHOENIX RAINE
Praine@antioch.edu
Wednesdays 12-4
Thursdays 1-5, MTC Conference Room

Email to schedule an appointment or visit the website for more information:
www.muckleshoottribalcollege.org.

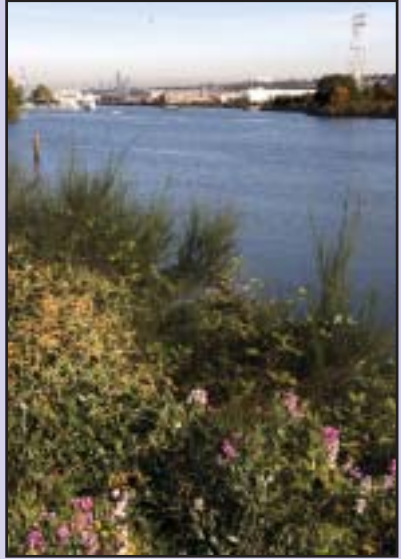
Keta Creek Fall Classic

PHOTOS BY RICHARD JOHNSON, KALEN WILLIAMS AND MARTIN FOX



Just Another Day on the Water

PHOTOS BY JOHN LOFTUS



Bud is responding to an angry man on the shore that is hollering at him.



Superfund Job Training Initiative (SuperJTI)

Cleanup of polluted industrial sites in the Duwamish Valley will provide opportunities to gain marketable skills while restoring our U&A Area

What is the SuperJTI? It's a job readiness program developed by the U.S. Environmental Protection Agency that provides training and employment opportunities for people living in communities affected by Superfund sites – and it's coming soon to the Lower Duwamish Waterway.

"Overall, we are anticipating that several early actions on the LDW will begin work in 2013," project manager Piper Peterson says. Many, if not most, of the lands along the river have been subjected to generations of exposure to toxic chemicals used by various manufacturers.

Cleanup projects include Terminal 117, Boeing Plant 2 and Jorgenson Forge. The work at T-117 will start first, followed by Boeing and Jorgenson sediment cleanup in 2013.

One of EPA's goal for the SuperJTI is to help these communities develop job opportunities that remain long after a Superfund site has been cleaned up. After going through a selection process, an estimated 15-20 individuals will receive specialized training that will pre-qualify them for the work of cleaning up Superfund sites.

The process of cleaning up the nation's waterways, including the Duwamish, is expected to be ongoing for many years. This could lead to a good career for some in the community while, at the same time, healing the earth and waters in the MIT U&A Area.

"I'm really excited to be able to work with all the interested parties on the LDW cleanup and hire locally to support cleanup efforts that will be ongoing for years, and likely decades, to come!" Peterson says.

INFO: <http://www.epa.gov/superfund/community/sfjti/>





HEALING HANDS



Enjoy a Therapeutic Massage with penetrating hot packs to relax every aching muscle.

Massage is often used for:

- Headaches/Migraines
- TMJ (Jaw pain)
- Poor Circulation
- Improves mood
- Improves sleep
- Muscle and joint pain
- Pregnancy Massage

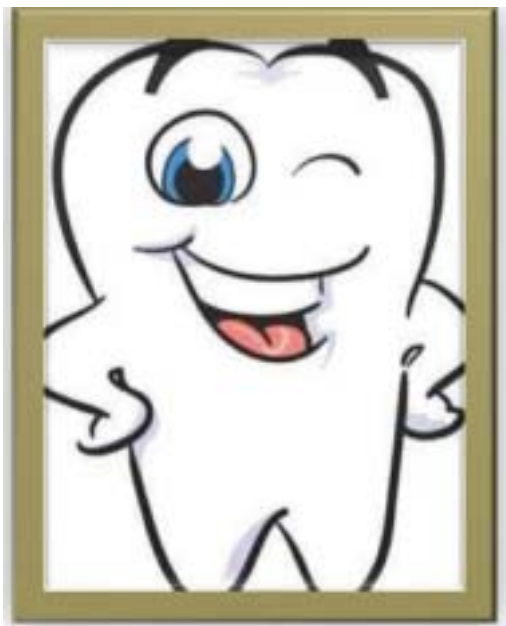
All eligible members are welcome

Muckleshoot Massage Therapy

Mon-Friday 8am-5pm Closed daily 12-1 for lunch 253-939-6648



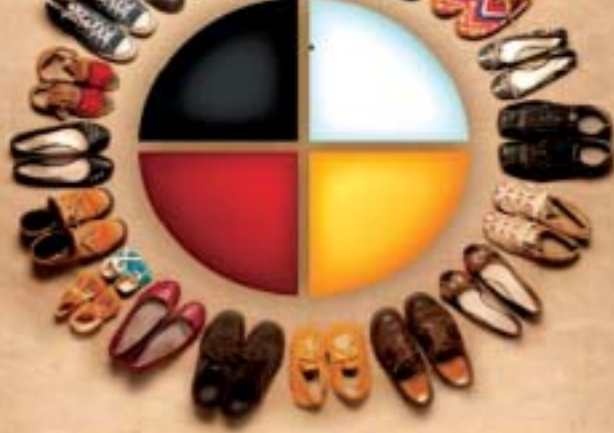
New Walk In Hours



HWC Dental Clinic

Monday, Tuesday, Thursday & Friday at 8am
Wednesday at 1pm

Protect the Circle of Life



Your Flu Vaccine Protects Me My Flu Vaccine Protects You

- The flu vaccine is safe. You can't get the flu from a flu vaccine.
- The flu is the fourth leading cause of death among American Indian and Alaska Native elders.
- Please get a flu vaccine each year to protect you and your family.



Effective 9/10/12 any eligible Tribal and Community member age 6 months or older may receive a flu shot. Present to the HWC Medical clinic M-F between 9-4:30 pm. No appointment necessary. For more information contact us at 253-939-6648

Sick and don't want to wait long hours in a Hospital Emergency Room?

There are local Urgent Care Centers that can help YOU!

Sore throat, ankle injury, ear ache, upper respiratory infections are just few of the things they can help with. They can do lab work and x-rays too, if needed.

Urgent Care Centers:

Multicare Urgent Care, Auburn (253) 876-8111

202 Cross St SE, Auburn

Hours and Times:

Monday – Friday, 8am to 8pm;

Saturday and Sunday, 8am to 4pm

Location: down by Mazatlan Restaurant and Big Foot Java on Aub Way S.

Valley Medical Center Urgent Care, Auburn (253) 395-2005

1000 Auburn Way S, Auburn

Hours and Times: Monday – Friday, 8am to 8pm;

Saturday and Sunday, 8am to 4pm

Location: across the street from Farmer's Market/U-Haul Rental on Aub Way S.

Multicare Urgent Care, Kent (253) 372-7788

222 State Ave N, Kent

Hours and Times:

Monday – Friday, 8am to 8pm;

Saturday and Sunday, 8am to 6pm

If you need to seek medical care after 5:00pm on week days, weekends or when HWC is closed, you may obtain services from these urgent care centers. You must call the CHS Office for a purchase order number within **72 hours or 3 days of being seen**. Please have your insurance information ready to give their front desk staff.

If you are too sick to call, a family member or friend can call for you. Please call CHS (253) 939-6648, if you have any questions.

Cd/urgent care notice 01-30.12



Notice to All CHS Eligible Patients

If you received a PO from the CHS office and now you are receiving a medical bill or statement, please bring them to the CHS office for review. This will ensure timely payment to your provider. As always, you must obtain a PO # prior to your medical appointment and call us if you cancel or reschedule your appointment.

CHS Office Hours:
Monday – Friday, 8am – 5pm
Closed for Lunch 12pm – 1pm
Phone: 253-939-6648

Restoring Families Parenting Class

Thursdays 10am-12noon

Muckleshoot Behavioral Health Family and Youth Services
17500 SE 392nd St.
Auburn, WA 98092



Class Topics and Goals

- **Supporting recovering families in raising healthy children** who are less at risk for alcohol and drug abuse and other harmful behaviors
- **Helping parents work with others who may be involved with caring for their children.** This includes advocating for parents whose families are involved with ICW.
- **Helping families to heal** the consequences of addiction by applying recovery principles to family life and supporting recovery by supporting the family
- **Develop skills to understand child development and behavior.** Parents learn to understand children's important growth and development tasks and how they can help children get along with others
- **Learning to re-build trust and security for children** who may be living away from home and separated from parents. This includes learning how to work with other family members, professionals and agencies who may be involved.
- **Restoring families** for a more stable, safe, secure, and positive future

Restoring Families class is open enrollment for parents that are clean and sober and in recovery, or other court ordered parents and/or their family members. Documentation of attendance and Certificates of Completion are provided. Class is free to all participants

Call Wendy Lloyd, Youth Outreach Specialist at 253-333-3605 with questions

Having a problem with pain pills? Does your life revolve around pills? If pills control you instead of you controlling the pills.....

Suboxone (Sub-ox-own) referrals and treatment now available @ HWC!

Help for prescription pain medication dependence is now being offered through the Health and Wellness Center. Suboxone is also used in the treatment of other opiate-based or synthetic opiate drug dependence. These drugs include: Oxycodone/Oxycontin, Hydrocodone, Vicodin, Heroin, and Morphine.

SUBOXONE is the first opioid medication approved under Drug Addiction Treatment Act (DATA) 2000 for the treatment of opioid dependence in an office-based setting. The primary active ingredient in SUBOXONE is buprenorphine.

SUBOXONE at the appropriate dose can:

- Reduce illicit opioid use
- Help patients stay in treatment
- Suppress symptoms of withdrawal
- Decrease cravings for opioids

The Health and Wellness Center has a medical provider licensed to prescribe suboxone.

For more information please contact Behavioral Health at (253) 804-8752

Massage Therapy *30 min. appointments*

*Two 30 minute massage appointments

Now Available Daily!!!

*Same day appointments often available!

*Great for stress relief

*All eligible members welcome

Muckleshoot Massage Therapy
Mon - Friday 8am - 5pm
Closed 12 - 1 daily for lunch
253-939-6648

NEED A "MEETING" TO HELP YOU !! ?

Alcoholics Anonymous -AA & Narcotics Anonymous NA

Meetings on the Rez

Tuesday 12:00-1:00pm A.A.

M.I.T. Recovery House

39225 180th Ave S.E.

Auburn, WA

BEHAVIOR HEALTH PROGRAM ANNOUNCEMENT:

The Behavioral Health reception window is now open throughout the lunch hour (12:00 to 1:00 pm) so that we will be better able to serve our clients and the community. Please feel free to stop by to schedule appointments and to drop off/pick up paperwork.

If you have any questions, please call us at: (253) 804-8752

Health & Wellness Center Program Hours

		Pharmacy	Wellness Center	*Shuttle Service
Monday	8-5 pm	8-6 pm	10 am-8 pm	9-9 pm
Tuesday	8-5 pm	8-6 pm	10am- 8 pm	9-9 pm
Wednesday	9-5 pm	9-6 pm	10 am-8 pm	9-9 pm
Thursday	8-5 pm	8-6 pm	10 am-8 pm	9-9 pm
Friday	8-5 pm	8-6 pm	10 am-8 pm	9-9 pm
Saturday	All Programs Closed			
Sunday	All Programs Closed			

*There is no Shuttle/Bus service from 11-12 pm M-F.

Program Name	Phone No.	Closed-Lunch
Main Number to HWC	(253) 939-6648	12:00-1:00
Behavioral Health (Mental Health & Chemical Dep)	(253) 804-8752	Open
Family & Youth BH Services	(253) 333-3605	12:00-1:00
CHS/Registration Office	(253) 939-6648	12:00-1:00
Community Health/CHRs	(253) 939-6648	12:00-1:00
Dental Clinic	(253) 939-2131	12:00-1:00
Medical Clinic	(253) 939-6648	12:00-1:00
Optical Clinic	(253) 939-6648	12:00-1:00
Pharmacy	(253) 333-3618	Open
Recovery House	(253) 333-3629	Open
Shuttle/Bus Service	(253) 939-6648	11:00-12:00
Wellness Center	(253) 333-3616	Open
WIC Thurs Only 8-4:30	(253) 939-6648	12:00-1:00

Health & Wellness Center Program Closures for Nov, Dec 2012 & Jan 2013

Day	Date	Times Closed	Reason for Closure
Thursday	11/01/12	8-9 am	Monthly All Staff Meeting
Monday	11/12/12	All Day	Veteran's Day Holiday
Wednesday	11/21/12	1-8 pm	Thanksgiving Day Eve Holiday
Thursday	11/22/12	All Day	Thanksgiving Day Holiday
Friday	11/23/12	All Day	Tribal Holiday
Thursday	12/06/12	8-9 am	Monthly All Staff Meeting
Monday	12/24/12	1-5 pm	Tribal Holiday
Tuesday	12/25/12	All Day	Christmas Day
Monday	12/31/12	1-5 pm	Tribal Holiday
Tuesday	01/01/13	All Day	New Year's Day
Thursday	01/03/13	8-9 am	Monthly All Staff Meeting
Monday	01/21/13	All Day	Martin Luther King Jr Holiday

"Your Suggestions Count"

The Muckleshoot Health & Wellness Center offers "suggestion boxes" where guests can fill out forms to share thoughts, comments or suggestions. The purpose of these forms is to help us improve the quality of services offered to the community. These forms are not "incident reports", but rather confidential and private opportunities to share your thoughts on what we are doing well or on ways we might improve.

The suggestion boxes are located in each reception area and the main lobby of the building. The feedback forms are located next to the boxes. The boxes are checked at least twice a month by the Facilities Secretary and then delivered directly and confidentially to the appropriate department manager. Suggestions are then discussed privately at Quality Improvement committee meetings.

If possible, please provide contact information on the suggestion form so the appropriate manager can contact you to address your particular suggestion or area of concern. Again, this would be a confidential and private conversation.

We want to hear from you. Please take a moment to stop by the Health & Wellness Center and fill out a suggestion form today. Your thoughts matter!

Thank you

Is Heroin Running Your Life? There is help.

Call 253-804-8752

Help in Quitting Smoking!



The Muckleshoot Health & Wellness Center uses and endorses the **Washington State Quitline** to assist in stopping smoking.

Call 1-800-QUITNOW for free and effective help in quitting smoking.

CONTRACT HEALTH SERVICE (CHS) NOTIFICATION REQUIREMENTS

**CHS OFFICE
(253) 939-6648**

1. Notify CHS office before any non-emergent services are rendered to determine patient eligibility, medical priority and to set aside funds for payment. Pre-authorization is mandatory and failure to comply is reason for denial of payment for claim(s).
2. In true medical emergencies, notify the CHS office within seventy two (72) hours of start of services. Failure to comply is reason for denial of payment of claim(s).
3. Prior notification does not guarantee CHS can pay for services, unless all other CHS requirements are met. There are some services CHS can not cover.

ALTERNATE RESOURCE REQUIREMENTS:

Muckleshoot CHS is a residual resource and not an entitlement program. In addition to CHS, other resources for health care are available from various state, and federal programs, as well as individual and group health insurance policies. By federal law, CHS must ensure that all resources, where and when applicable, are utilized before CHS can assume financial responsibility for your care.

This means that CHS will not be authorized if you are eligible or would be eligible upon making an application for an alternate resource such as: Medicare (over age 65 or disabled at any age), Medicaid (medical coupons), crippled children or have private insurance etc. Failure to comply with a CHS office referral to an alternate resource will terminate your CHS coverage. You are required to use these benefits as your first source of payment of your medical-related costs.

The CHS office is required, as per IHS Federal Rules and Regulations, which requires all CHS denials to patients be sent by certified mail to the address on file.

Grief is painful and at times the pain seems unbearable, now is the time to seek support!

Grief and Loss Support Group

**with Dr. Sarlak@ the Muckleshoot Health & Wellness Behavioral Health Program
Every Thursday 5:00 pm – 6:30pm**

**Open for everyone,
please call Muckleshoot BHP for further questions.**

253-804-8752

Dental Clinic Location & Hours (253) 939-2131

We are located on the 2nd floor of the Health & Wellness Center.

Appointment Times	Emergency Walk In Times
Monday 8:00am-5:00pm	8:00-8:30 am
Tuesday 8:00am-5:00pm	8:00-8:30 am
Wednesday 9:00am-5:00pm	1:00-1:30 pm
Thursday 8:00am-5:00pm	8:00-8:30 am
Friday 8:00am-5:00pm	8:00-8:30 am
Closed Daily 12:00-1:00pm	

The Optical Department at the HWC!

The eyeglass benefits are the same as they've always been. One comprehensive eye exam once every 12 months. New lenses once every 12 months. Adults eyeglass frames once every 2 years/children 2 per year.

If you are not eligible for the frame allowance, you will be allowed to purchase the frames at a very reasonable price. (Believe me there is a significant mark up when you buy frames in town/private practice!). No eyeglass benefits will be approved outside of the MHWC optical department. We are also offering contact lenses and necessary supplies for contacts.

The Optical Department is a Tribally-owned business. Patients must meet CHS eligibility requirements to get optical services. CHS eligible patients will need to obtain a PO from the CHS office before getting optical services.

For more information, please contact the CHS Office – (253) 939-6648. Optical Department open regular HWC business hours.

Halloween Health and Safety Tips

- S** Swords, knives, and similar costume accessories should be short, soft, and flexible.
- A** Avoid trick-or-treating alone. Walk in groups or with a trusted adult.
- F** Fasten reflective tape to costumes and bags to help drivers see you.
- E** Examine all treats for choking hazards and tampering before eating them. Limit the amount of treats you eat.
- H** Hold a flashlight while trick-or-treating to help you see and others see you. Always WALK and don't run from house to house.
- A** Always test make-up in a small area first. Remove it before bedtime to prevent possible skin and eye irritation.
- L** Look both ways before crossing the street. Use established crosswalks wherever possible.
- L** Lower your risk for serious eye injury by not wearing decorative contact lenses.
- O** Only walk on sidewalks whenever possible, or on the far edge of the road facing traffic to stay safe.
- W** Wear well-fitting masks, costumes, and shoes to avoid blocked vision, trips, and falls.
- E** Eat only factory-wrapped treats. Avoid eating homemade treats made by strangers.
- E** Enter homes only if you're with a trusted adult.
- N** Never walk near lit candles or luminaries. Be sure to wear flame-resistant costumes

**Muckleshoot Health & Wellness Center
17500 SE 392nd Street * Auburn WA 98092
Ph# 253-939-6648**



This October, the Health & Wellness Center is proud to sponsor "National Breast Cancer Awareness Month" — a time to promote regular mammograms and increase early detection of breast cancer.

About 1 in 8 women in the United States will get breast cancer. Other than skin cancer, breast cancer is the most common kind of cancer in women.

Mammograms can help find breast cancer early when there is the best chance for treatment. For the majority of women, lifestyle changes such as, a healthy diet, exercise, weight reduction, and limited alcohol consumption can also help reduce the chance of developing breast cancer.

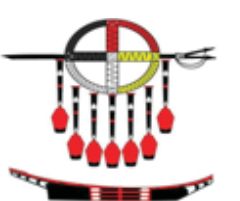
According to the Centers for Disease Control and Prevention, breast cancer is the second most common cause of cancer death in American Indian/Alaska Native women and Asian/Pacific Islander.

- If you are age 40 to 49, talk with your doctor about when it is best to start getting mammograms and how often you need them.
- If you are age 50 or older, it is recommended that you get a mammogram every 2 years. Talk with your doctor to decide if you need one more often.

These are general guidelines. Talk to a doctor about your risk for breast cancer, especially if breast or ovarian cancer runs in your family. Your Provider can help you decide when and how often to get a mammogram.

For more information, or to make an appointment with your Provider to see when it is best to get a mammogram, call the Medical clinic at 253-939-6648

**Muckleshoot Health & Wellness Center
17500 SE 392nd Street
Auburn, WA 98092**



The Dangers of Illegal Opiate Pain Pill Use

One of the biggest healthcare issues that the tribal community is facing now is the struggle with the illegal use of opiates in community members. The word 'opiate' is the general term used to describe depressant drugs including heroin and pain pills like Percocet and Oxycontin. Opiate pain medications are used to reduce the discomfort that comes with pain in individuals, and when used correctly as prescribed by your doctor, they can work really well for that purpose.

Opiate pain medication use becomes a problem when they are used illegally and without the supervision of a doctor. Opiates are highly addictive medications that need to be monitored to ensure there are no medical or addiction issues that develop with their use. What we are finding is that illegal users of opiate pain medications (opiate addicts) are beginning their use of opiates with pain medications because they are seen as safer to use than other illegal drugs. The idea that addicts rationalize is that "doctor's prescribe them and they are not illegal so they must be safe", even though when used incorrectly they are as dangerous as other illegal drugs. Opiate pain medications that are purchased illegally are typically very expensive, and as a user's addiction progresses the financial cost to continue their use is too much to manage and can sometimes lead to illegal activity in order to pay for their addiction or switching to other illegal substances that are less expensive to buy.

Some signs that you may have a problem with the use of prescription pain pills are: 1) If you are using opiate pain medications not as directed by your doctor by taking too many of them or taking them more often than prescribed. 2) If you are unable to stop the use of pain pills even though you may be experiencing negative consequences because of their use. 3) If you are questioning yourself about your use and not feeling good about the choice to use them.

If you have any questions about addiction to opiate pain medications, or if you are concerned about your own or someone else's opiate use, please call Muckleshoot Behavioral Health and ask to speak with a drug and alcohol counselor. The counselors at Behavioral Health can help support you and your family in making healthy decisions around the use of drugs and alcohol.



Muckleshoot Behavioral Health Program
253-804-8752
Open Monday– Friday 8am to 5pm
We are open during lunch!

Written By: Megan Gifford
Youth Chemical Dependency Counselor at Muckleshoot Behavioral Health Family and Youth Services

CHS – FAQ (Frequently Asked Questions)

- Q1. **Why do I need to get a PO (Purchase Order) from CHS?**
A1. CHS is funded by Indian Health Services to cover medical costs for Natives that meet certain eligibility requirements. All CHS eligible members must comply with the IHS notification requirements: preauthorization for non emergent medical services can be rendered, within 72 hours after an emergency room visit or admission to a hospital. When the PO is issued for you, it sets the money aside, so that when the bill comes in there is money to pay for it.
- Q2. **How long does it take to get a claim paid by CHS office?**
A2. Outpatient provider may have a PO for up to 3 months (90 days). CHS strives to pay your claim within 60 days after it is sent to CHS from your provider. Inpatient provider (hospital stay) may have a PO for 6 months (180 days) and CHS strives to pay your claim within 60 days after it is sent to CHS from the hospital. Hospitals take longer to get CHS the claims.
Note: The longer CHS allows the provider to keep a PO, the longer your medical claim remains unpaid.
- Q3. **Why do I have to apply for alternate resources?**
A3. As per Indian Health Service regulations, CHS is the Payor of Last Resort which means that if the patient maybe be eligible for something else like DSHS or private insurance through your job they need to complete an application, if they do not have to pay for medical coverage.
- Q4. **Why are my bills not paid when I have a PO? Why does it take so long for my bills to be paid? Why is it that my bill is still not paid after I bring it into CHS?**
A4. There may be several reasons why your bills may not be paid. Below are some of the primary reasons (but there could be many reasons).
 - The provider or hospital where you were seen did not send CHS a claim for you, so we could not pay your bill.
 - The CHS office did not have the correct name of the provider where you were going; as a result of an honest mistake the PO was issued and sent to the wrong place, which will cause a delay.
 - Patients are referred to apply for alternate resources (such as DSHS) and did not apply or complete an application, when this happens CHS is required to deny CHS POs.
 - Patients did not complete an incident or accident questionnaire sent by CHS or their insurance company. As per IHS regulations, CHS is Payor of Last Resort. CHS staff are required to make sure that if anyone else can cover your medical costs, that they do.
 - Patients dropped off their bills to CHS, but did not meet with anyone to go over them.
- Q5. **What happens if I do not complete an application for alternate resources?**
A5. CHS may not issue purchase orders (PO) for you.
- Q6. **Why did I receive a CHS denial?**
A6. There may be several reasons why you received a denial, below are the three (3) primary reasons CHS issues denials:
 - Patient did not call for a PO before a non emergent medical appointment
 - Patient did not call for a PO within 72 hours of an emergency room visit or admission to a hospital
 - Patient did not comply with an alternate resource referral
- Q7. **What happens if I do not sign or go pick up my certified CHS denial letter from post office?**
A7. Indian Health Service requires us to send the denial certified mail to your address on file. The denial does not "go away" and may have a negative impact on your credit history. There may be an error that may go unnoticed that should not have happened. You will lose your ability to appeal the denial after 30 days and at this point, the denial will be final.
- Q8. **What if I get a collection notice in the mail, when I have for a PO?**
A8. Come to the CHS office and sit down with a CHS Clerk to review the notice. For confidentiality reasons, most collection agencies will need the patient to give permission for them to talk with CHS staff about your account. The CHS staff will need to verify the medical provider, date and amount that is at the collections agency. We would like to contact the collection agency with you in the office or complete the paper needed so CHS staff can talk about your account. It is for your benefit to come in and talk to us.

If you have any questions about CHS, please contact (253) 939-6648

CHS Hours
Monday/Tuesday/Thursday & Friday
8:00 am to 5:00 pm
Wednesdays 9:00 am to 5:00 pm
Closed for Lunch 12:00 pm to 1:00 pm

Prevent Haunted Teeth
Muckleshoot Health & Wellness

This Halloween, don't let treats trick your child's teeth. Each time your child takes a bite of a sugary treat, bacteria that lurk in the mouth use the sugar to make "ACID Ghosts." Even after sweets are swallowed, acid can haunt teeth for up to 2 hours. If sweets are eaten many times during the day, the acid can cause cavities!

Children (and adults) love Halloween treats! How can parents keep "ACID Ghosts" away?

PARENT'S HALLOWEEN CANDY TIPS

- Keep your child's bag of Halloween candy in your control. Parents can decide when and how much candy children can eat.
- Don't let your child snack on candy all day. It is better to eat 5 pieces of candy at one time instead of eating them slowly all day long.
- A good time to allow candy is after a meal.
- Have your child drink a glass of water after eating sweets
- Avoid sticky candies (caramels, taffy, gum) – these stick to teeth too long.
- Choose candies and gum that are sugar free or contain "Xylitol".
- Brush your child's teeth twice a day and floss once a day – children under 8 can't do a good job without your help.
- Visit the dentist twice a year. Ask about dental sealants & fluoride varnish.
- If you have any questions call the HWC Dental Clinic at 253-939-6648.

Protect your baby from whooping cough.
GET YOUR PERTUSSIS VACCINATION.

What is Whooping Cough?
Whooping cough causes coughing that makes it hard for a child to eat, drink, or breathe. Babies younger than 8 months who get whooping cough often must be hospitalized. It can also lead to pneumonia, seizures, and other complications.

How Does Whooping Cough Spread?
Whooping cough spreads easily by coughing or sneezing. Babies usually get it from parents, grandparents, brothers, or sisters who may only have a mild cough and not know they have whooping cough.

How Can I Protect my Baby?
Older children, teens, and adults can help protect themselves and babies around them from whooping cough by getting a Tdap (tetanus, diphtheria, acellular pertussis) booster.

How Do I know if I Need a Tdap Booster?
Call the Medical Clinic at 253-939-6648 and we will help you determine if you need a Tdap booster to ensure your whole family is protected against whooping cough.

Can I get a Tdap Booster if I'm Pregnant?
YES!!! As long as you are over 20 weeks pregnant, you may get a Tdap booster if you haven't already received one. Call the medical clinic and we can help you determine if you need the booster. EVERYONE who will be living with the baby or have close contact with he/she when they come home will need to call the Medical Clinic at 253-939-6648 to determine if they need a Tdap booster.

Muckleshoot Health & Wellness Center
17500 SE 392nd Street Auburn, WA 98002-9705
253-939-6648



REMINDER
Muckleshoot Wellness Center
From the desk of Ronette Bailey
Medical Social Worker

October 15th—December 7th, 2012
Is the Medicare
Open Enrollment Period

Do you need to sign up for Medicare Part A and Part B medical insurance?

Contact: Ronette Bailey, Medical Social Worker
Health & Wellness Center

OR

Local Office: Social Security Administration
Suite 401
321 Ramsay Way (at Kent Station)
Kent, WA 98032

Phone #: 1-800-772-1213 (toll free)
Hours: 7am – 7pm Business Days

Internet: www.ssa.gov

ABOUT HEART ATTACKS – DID YOU KNOW?



More than 1,000 people have an out-of-hospital cardiac arrest, or sudden cardiac arrest, in King County each year. This is a leading cause of death in the United States. Most US communities have survival rates of around 10%, but in King County, and especially within the Mountain View Fire & Rescue District, a person experiencing a sudden cardiac arrest has a far better chance of survival.

Between the years of 2007 and 2011, 48% of those experiencing sudden cardiac arrest in King County survived and were discharged from the hospital. Within the Mountain View Fire & Rescue District, the number was even higher: 64% returned to home and family.

SOURCE: Mountain View Fire & Rescue District

NEWS FROM THE MUCKLESHOOT ELDERS CENTER

Carole Calvert 10/01
 Margo Pacheco 10/14
 Robert Pacheco 10/16
 Marvin Ross 10/18
 Ellen Williams 10/19
 Marie Starr 10/20

George Cross 10/23
 Christine Purcell 10/23
 Joseph James 10/27
 Ken Calvert 10/27
 Wally Courville 10/28
 Elaine Sandoval 10/30



The Elders Complex would like to wish all our October Elders Happy Birthday and may all your birthday wishes come true! At the end of each month we will be having cake for all our Elders who celebrated their birthdays! Thanks to our Kitchen Staff and Valerie Bellack for baking and decorating the birthday cake each month!



Special Thanks to...

We would like to thanks all those who donated their time and effort on the gifts that was made for our grand opening. Again to all those who donated time to help make it such a great success!

- Tribal college for medicine gathering
- Tribal school cedar gifts and for cutting of ribbon
- Recovery house for gift items
- AWTP for daily efforts with gifts and gathering
- Events committee help coordinate event.
- Casino for Donation of water
- Canoe club for salmon and clams
- Salt water saint for entertainment
- Summer camp students-MCFS
- Loraine Cross
- Leah Moses
- Jan Maurice
- Delbert Starr
- Marlene Cross
- Carrie Rincon
- Lola Elkins
- Leroy Anderson
- Marilyn Lobehan
- Grant and Berlinda Adair
- Marcellina Delatorre
- Tom McJoe



WATCH OUT FOR THE MONTHLY CALENDAR

In the future we will be sending out email and posting our Elders Events calendar so we can get more people here to help with crafts, canning elk, making pillow, blankets, or jam making. So watch for upcoming event you would be interested in joining us here or on the road for a luncheon!



SEAHAWKS GAMES

Seahawks games tickets will be held as a drawing so we can make sure everyone has a chance to watch them play this year. Please feel free to call us if you want to be added to raffle drawings.

REMINDER FOR ELDERS LUNCHESES

Elders please remember that you are allowed two (2) free meals that are provided daily at the Elders Complex for yourself or you are allowed to have one of your meals for a guest.

Extra meals may be purchased for \$7 each regardless of age.

Also, if you have your lunches delivered please call into the Elders Complex if you won't be home during delivery.

If you have three (3) consecutive missed lunches without a phone call you will be removed from the lunch delivery program until further notice!



VISITING ELDERS

The Elders Complex is looking forward to start having visitor's day for other tribal Elders to come spend the day with you here at the building. We have received a response already from Skagit Elder's center for our first visitors. They will be here on October so please come in and play a game of cribbage, pool or work craft items, sit and spend time together.

CHRONIC DISEASE SELF-MANAGEMENT PROGRAM

The Chronic Disease Self-Management Program CDSP class will be available here at the Elder's Complex. We would like those who are interested to come in and take part of this very informational course. While in the class you will learn some of the following:

- Define three differences between acute and chronic disease
- Identify a set of problems that are common among various chronic illnesses.
- Identify the components of the symptom cycle
- Name at least two components of Self Management tool box
- Practice distraction as a self management tool
- Make a self management behavior action plan for the upcoming week.

We look forward to seeing you on Monday afternoon for a six week course. Thank you Elders Staff.

Elders Complex Computer Classes

In collaboration with the Muckleshoot tribal college MOST program we will be starting computer class lab time here at our building. Please see calendar for more information on dates and times for Windows and internet class in October 2012 there will be teachers coming from Tribal College to assist you in your computer skills. We will be limited on space so please sign up as soon as possible! We are also looking forward to working with Antioch program, Denise Bill, in the near future.

ATTENTION:

- **We need to make sure if you would like to receive a newsletter, menu and calendar mailing we will need your correct address to be updated.**
- **Please call the Elders Complex to update your address or phone numbers!**
- **For those who need wood stacked or kindling please call James Cross at the Elders Complex 253-876-2872**
- **Watch for posting for upcoming care givers workshop!**

Noreen Milne – Events Coordinator (253)876-3023
 Tiffany Escalon – Front Desk (253)876-2888
 Tony Gonzales – Transportation (253)876-2887
 Wendy Burdette – Senior Program Mgr (253)876-3259

Elk Canning at Elders



WELCOME HOME! This is Stephen and Andrea Hamilton taking occupancy of their new Elders home. Welcome Home, Stephen and Andrea!



Lola Elkins and Dub Starr making giveaway items for grand opening.



Lorraine Cross shares a weaving tip with Andrew Simmons.

Grand Opening of New Muckleshoot Elders Center

Wednesday, September 26, 2012

PHOTOS BY JOHN LOFTUS & PATIENCE DANIELS



Staff of New Elders Center



Elders Staff and Event Volunteers

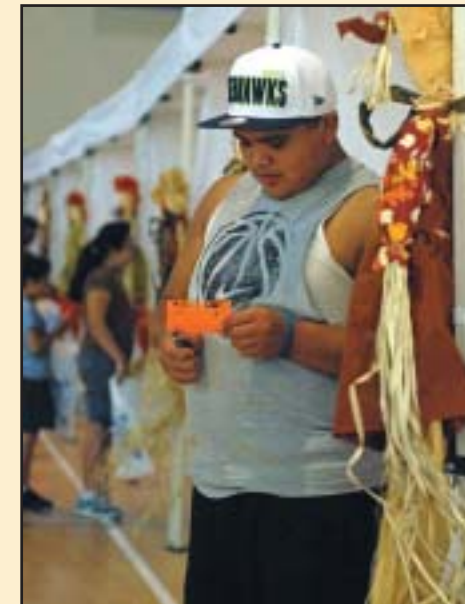


Girls of today in front of a photo of girls of 100 years ago.



Fresh Paint

After a long absence from the area, Fresh Paint returned to the Pentecostal Church for a free carnival and barbecue. There were carnival games, and a table where kids could pick out prizes with the tokens they won in the games, as well as a puppet show. Several adults tried their hand at the games, and everyone enjoyed the candy. There were grilled hamburgers and hotdogs, salad, chips, and drinks, and nobody went away hungry. The goal, as always, was to make sure the kids had a great time, got lots of candy, and heard about Jesus and his love for children.



Muckleshoot Pentecostal Church

Kenny Williams, Pastor

SCHEDULE

Sunday	11:00 AM	Church Service
Tuesday	12:00 Noon	Prayer Meeting
Wednesday	6:30 PM	Bible Study
Thursday	12:00 Noon	Support Group Meeting
Thursday	7:00 PM	Spanish (language) Church
Friday	7:00 PM	Prayer Meeting
3rd Saturday	10:00 AM	Prayer Meeting

“Breaking of the Dawn...Arrival of a New Day” Celebration Gathering

Aug. 17 & 18, 2012 on Muckleshoot Reservation, Auburn WA at the Pentecostal Church
Sponsored by Firestarters Ministries

A documentary DVD will be available of this event

What a glorious, memorable event to honor our Creator and bless the people! The gathering was a huge success, very empowering and igniting to all who attended.

The church was beautifully decorated. Hanging from the ceiling from the entrance all the way to the dining area were red salmon cut-outs to represent the tribes west of Mt Rainier; while yellow teepees represented the tribes east of Mt Rainier in WA State. Close to the dining area on the walls was the “Wall of Honor” with 33 poster-size plaques acknowledging all the tribal people in WA State. The sanctuary was adorned with teepees, native dolls, drums, and cradle boards.

A huge mural hung in the gym. The Creator gave the vision for “Breaking of the Dawn” and it was represented in the mural. On one side of the mural hung a large yellow banner of a plains native woman raising her hands with the words “Worshiping Creator Jesus”; on the other side, hung a large red banner of a native coastal warrior also raising his hands in worship to the Creator.

On the warrior banner were the words... “every nation, tribe, people and language standing before the throne... Rev 7:9”. On Saturday, tables would be set up with red tablecloths, fresh cedar boughs, and pine cones. The center of the gym will be opened for dancing, with the focus being the beautiful, colorful, large mural and banners.

Prayer walks inside and out, decorations in place ... the stage was set for the celebration!

The event began on Friday evening with a flood of people signing in. Over 250 people in attendance. Some of the tribal affiliation included Yakama, Snoqualmie, Upper Skagit, Quinault, Cowlitz, Quileute, Nooksack, Puyallup, Makah, Muckleshoot, Lummi, Colville, Duwamish, Algonquin, Choctaw, Cheyenne-Pueblo, Apache-Navajo, Coeur d’Alene, Kickapoo-Sac & Fox, Sioux, Yavapai Apache, Wyandotte, Pima-T’hono Dodlam-Nez Perce, Cherokee, Ojibwa, Abenaki, Athabaskan, Haida, Tlingit, Sto:lo, Blackfoot, Blackfeet, Eskimo, Turtle Mountain Chippewa, Creek, Siletz, Northern Cheyenne, T’hono Dodlam, Kiowa, Ottawa, Fountain Band, and Carrier.

There were more people from Hawaii, Texas, and Pennsylvania. Other indigenous representation included Korea, Japan, Germany, Poland, Australia, Kenya, China, Sami, Philipians, Israel, Sweden, Holland and South America. There were lots of people there to honor Creator Jesus and bless the tribal people of Washington State. What a gathering of the NATIONS!

Friday was a time of celebration with singing, drumming, and dancing. The wall between the sanctuary and gym was pushed back to make room for the women dancing with their shawls and flags. Some men joined the group too. It was absolutely beautiful!

On Saturday, with over 350 people in attendance, the time of honoring began. Three dance groups blessed the crowd... the African Kenya Group, Pacific Islander Group... Warriors’ Cry, and the Soaring Eagles Native Mes-sianic team from Arizona. All the groups were dancing for The Creator within the context of their culture.

Just as our Creator fed the 5,000 with 5 loaves and 2 fishes, the Creator provided for the delicious feast with salmon from three different sources, delicious meat and lots of food and beverages for the celebration, with plenty left over. Almost a 1000 people were fed over the weekend.

There was a huge giveaway Saturday evening that went on for hours. A u-haul was needed to bring all the donated items to the church. Many said they had never experienced anything like it...it was awesome! This was just the beginning of the blessings the Creator has for the Native people!

Following the giveaway, Gary & Pat Walker passed the “potlatch spoon” to Dan and LaRita Lundy, Siletz with Sacred Grounds and Messenger Ministries to host the next celebration most likely on the Siletz Reservation in Oregon. No date has been set and already people want to donate for the next celebration. It’s been requested the mural for WA State be used at the Siletz celebration.

Sunday, many stayed for service to hear an anointed word on the significance of “breaking”. There was more drumming, singing, dancing and many received prayer. The meal served after service wrapped up the weekend’s activities.

We raise our hands in gratitude to Creator Jesus, our faithful, hardworking committee, the volunteers who served before, during and afterwards, our grandchildren who helped load the u-haul, wash dishes, and serve the elders, the Muckleshoot Tribe and Pastors Kenny & Charlotte Williams. Without everyone’s help, the celebration would have not been possible

Various comments we heard:

“I have never felt such peace!”, “I felt so loved and accepted”, “I’m new in the area, with little money but now I have many items for my apartment.” “The meeting was a not a church meeting per say, yet everywhere you looked there were these little groups of people praying for each other...in the building, in the parking lot.” “Healing happened, acceptance happened, relationships established and some restored and unity came forth!” “It was a wonderful time!” “Can we do this next year?” “Can we make this an annual event?” “and many, many more.

History of the event to honor our Creator:

“Honoring the Creator” potlatch began in Fairbanks with the Rev Chief David Salmon, who broke tradition, as only a chief can do, and said yes to a potlatch being held to honor Creator. That potlatch was hosted by Rita Pierce, Battleaxe Ministries in 2007. From Fairbanks, the potlatch was passed to Norman and Sonya Scan of Kee Ya Aa Ministries in Ketchikan, AK. They hosted Celebrating Creator potlatch in 2009. From Ketchikan, Gary and Pat Walker of Firestarters Ministries in Tacoma, WA where given the spoon with the words... “It’s time for the state of Washington to host the next potlatch”... thus “Breaking of the Dawn...Arrival of a New Day” celebration. We say thank you Creator for allowing us to sponsor this event in your honor!

Firestarters Ministries/ Gary & Pat Walker /253) 380-4347
www.firestarters-ministries.org/ firestartersministries1@yahoo.com

Native Americans Who Make A Change Clothing Drive

NAWMAC will be holding a clothing drive for the Chief Seattle Club. For those of you that don't know, Chief Seattle Club is an organization to help out the homeless of Seattle.

Items we'll be accepting:

- **Shirts and pants**
- **Shoes and socks**
- **Backpacks and blankets**
- **Gently Used underwear**

Your Donations will be deeply appreciated!

N.A.W.M.A.C

You could drop your donations off at the MIT Tribal School.

Contact Erika Gonzalez for further info.

Phone Number (253)-931-6709

OCTOBER IS BREAST CANCER AWARENESS MONTH

Advice from a Tribal Elder

Fall fish runs. Halloween. Oh, and Breast Cancer Awareness Month.

Prayers and blessings to breast cancer survivors, those going through breast cancer treatment, and those who remember to check "the girls" on a monthly basis. Encouragement and prayers to those who don't always remember.

Alright, self-exam is kind of puzzling. What to feel for???? The 'girls' feel like one big lump. But you go ahead and do it "because you're supposed to." Then one day, the one big lump now has a tiny little bump. Pimple size, pea size, nickel size???????? GET IT CHECKED!!!!!!!!!!!!!! It could be a cyst or some kind of infection—but get it checked. There is such a thing as breast cancer rule out.

To better understand some of the established breast cancer risk factors, here's an abbreviated list put out by www.breastcancer.org:

- **BEING A WOMAN.** Men can also have this cancer but the risk is much lower.
- **AGE.** Risk goes up as you get older.
- **FAMILY HISTORY.** The risk is doubled if a sister, mother, or daughter has/had breast cancer.
- **GENETICS.** About 5% to 10% of breast cancer is thought to be hereditary.
- **MENSTRUAL HISTORY.** Your period started before age 12. Same is true for women who go through menopause 55 years and older.
- **PERSONAL HISTORY OF BREAST CANCER.** Survivors are 3 to 4 times more likely to develop a new breast cancer.
- **DRINKING ALCOHOL.** Research consistently shows that alcoholic beverages increases risk of hormone-receptor-positive breast cancer.
- **SMOKING.** Linked to higher risk of breast cancer in younger, premenopausal women. Very heavy second-hand smoke exposure a risk in postmenopausal women.
- **LACK OF EXERCISE.** Regular exercise (4 – 7 hours/week) lowers risk of breast cancer according to research.
- **BEING OVERWEIGHT.** Women who are overweight/obese, especially after menopause.
- **PREGNANCY HISTORY.** Women who have their first child after age 30 have a higher risk rate compared to women who gave birth before age 30.
- **BREASTFEEDING HISTORY.** Lowers risk, especially for those breastfeeding for at least a year.
- **CERTAIN BREAST CHANGES.** A diagnosis of certain benign (not cancer) breast conditions.
- **HORMONE REPLACEMENT THERAPY.** Current or recent past users of HRT.
- **DENSE BREASTS.** Research shows those with dense breasts 6 times more likely to develop breast cancer and it's harder for mammograms to detect breast cancer.
- **RACE/ETHNICITY.** White women are slightly more likely to develop breast cancer than women of color.

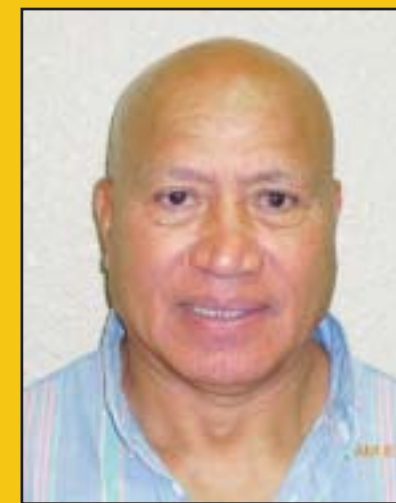
All of these risks seem like a lot to remember. Maybe S.E.A.M. is a good memory trick. It stands for:

SELF EXAMS & ANNUAL MAMMOGRAM

There will be a cure for breast cancer.

Tusi Siose, Housing Employee of the Month

Tusi Siose has been with Housing for 11 years. He always delivers the best and has become a symbol of the quality that Housing is targeting to achieve by setting a standard for others to follow. He is well known and respected by the community and coworkers. Congratulations to Tusi. We appreciate your attitude, courtesy and outstanding service you provide to the community.



Domestic Violence Awareness Month

October is Domestic Violence Awareness Month. The OVC Advocate reports that According to the 2008 Center for Disease Control & Prevention report, *Adverse Health Conditions and Health Risk Behaviors Associated with Intimate Partner Violence* found:

- 39% of Native victims of intimate and family violence are more likely than victims of all other races to be injured and need hospital care;
- During a three year span, homicide was the 3rd leading cause of death for Native women;
- Of Native women murdered, 75% were killed by a family member, an acquaintance, or someone they knew;
- 17% of Alaskan Native and American Indian women will be stalked during their lifetime.

The numbers are alarming. In a random study done in 2009 at the Muckleshoot Indian Tribe, it was reported that approximately 6 out of 10 people in the study were in or had been in a domestic violence relationship at some point in their life.

So what is Domestic Violence?

According to Washington State law, domestic violence is defined as physical harm, bodily injury, assault, the infliction of fear of imminent physical harm, sexual assault, or stalking. Domestic violence may take place between spouses, former spouses, partners, the parents of a child, two family members, two people residing in the same residence, or two people are dating or who have dated in the past. Domestic violence is considered a learned behavior that often has roots in a need to control others. An act of domestic violence is considered a crime against both the victim and the state.

What do I do if I am in a Domestic Violence situation?

If you are currently in a Domestic Violence situation it is important that you talk to someone. Even if you are not ready to leave your abuser, it is important that you find someone you trust to document the abuse. By documenting the abuse you can show a pattern of behavior that can be used at a time when you are ready to leave. If your abuser is ready to make changes, there are programs that can help him/her learn new behaviors and healthy communication skills.

Muckleshoot domestic violence/sexual assault program is housed under the Human Services Division. The office is located at the Resource Center. The Domestic Violence Program offers victims the following services: Assistance with protection orders, Safety Plans, shelters, Pattern Changing Classes, and a variety of other advocate services. For more information call 253 876-3357.

BIA WHEREABOUTS UNKNOWN LIST: IF YOU SEE YOUR NAME, PLEASE CALL ONE OF NUMBERS BELOW

PSA/OST at: 425-252-4382 or OST at: 1-888-678-6836 ~ ASAP!

- | | |
|----------------------------------|---------------------------|
| Aasted, Brinnon C | Molina, Patricia A |
| Adame, Glorianne | Monroy-Ponce, Kate Moses |
| Allen, Joseph | Montez, Emeley F |
| Baker, Darlene A | Moore, Irving A |
| Baker, Elaine Sheldon | Morrison, Gracia M |
| Bargala, Aaron | Moses, Christine |
| Bargala, Ona | Moses, Janice |
| Benson II, Tony E | Moses, Peggy |
| Bill, Sovereign Mary Ann | Moses, Raetta Blanche |
| Bill-Gerrish, Andrew | Moses, Tandra |
| Bill-Gerrish, Elise | Nelson, Janice M |
| Brown, Chester J | Nelson, Tammy |
| Brown, Ronnie E | Obrovac, Joyce Marquard |
| Courville, Bradley P | Pavel, Dalena M |
| Courville, Leeroy R | Simmons, Elsie |
| Daniels, Melvin J | Simmons, James |
| Davis, Brian | Simmons, Joseph |
| Edwards, Jacqueline A (Hoptowit) | Simmons, Renne S |
| Elkins, Laurelann | Starr, George |
| Eyle, Nelson Norman | Starr, Louis |
| Gaiser, Fredrick M | Stewart, Elizabeth D |
| Gonzales, Richard | Stewart, Patty |
| Greene, Anastatia VHansen, Loren | Taylor, Christine K |
| Harris Jr, Dennis J | Thomas, Dorene |
| John Jr, Walter | Udelhoven, Karen |
| Lezard, Mildred | Ungaro, Louis |
| Markley, Danny Ray (WhiteEagle) | Valles, Monti M |
| McCluskey, Clayton | White Eagle, Ben |
| McCluskey, Marguerite | Wilbur, Levi |
| McCluskey PCM, Paul C | Williams, Raymond |
| Miller, Claudia | Yellowhawk, Luella |
| Misner, Jeanette D | Youckton, Brenda A |
| | Youckton Boyd, Angelena J |
| | Youngman, Alexandria M |

Muckleshoot Behavioral Health Program Family and Youth Services

- Come join the New Family & Youth Services Program for our 1st Potluck
- Bring your favorite dessert and have an Indian Taco.
- See how your new program works and what it offers you and your community
- Share your thoughts on moving forward and meet the staff.



- Thursday, November 8, 2012
 - 5:00pm to 7:00pm
 - Health & Wellness Center- Family & Youth Services
- Everyone Welcome!

If you have any questions, please contact Family and Youth Services at (253) 333-3605

Community Involvement



Hello to all Tribal Members, Community members, with all that like to work or get involved with our Community Events – pow-wows, Canoe Journey, stick games, etc. Please know that when you work these events a Urinalysis Test (UA) needs to be done one week before you can work the event.

Also, Human Resources will need you to fill out a packet of paperwork, and with that paperwork you will need to provide 2 pieces of ID. Here is what works for ID: a Driver's License with a Tribal ID, certified birth certificate, or Social security card. On one of the forms that you will fill out there is a list of documents that may be used as identification.

HIRING SUPERVISORS OR COMMITTEES: If you have any questions for the process please don't hesitate to call Human Resources and we will be happy to assist you. If you have an idea of when the event will take place and we have time it's possible that we can bring US Health Works to the Human Resources office.



Donald and Leetah Jerry went out to help their Daddy fish cohos on 09/24/12..They both had a lot of fun and so did their Dad (Donnie Jerry)... they both especially liked getting paid for helping!! Leetah is going to the Mall and Donald is buying X-box Live cards!!! YA!"



18th Annual Gathering of the NORTHWEST NATIVE AMERICAN BASKETWEAVERS ASSOCIATION

EMERALD DOWNS / OCTOBER 5, 6 & 7, 2012 / HOSTED BY THE MUCKLESHOOT TRIBE



PHOTOS BY JOHN LOFTUS

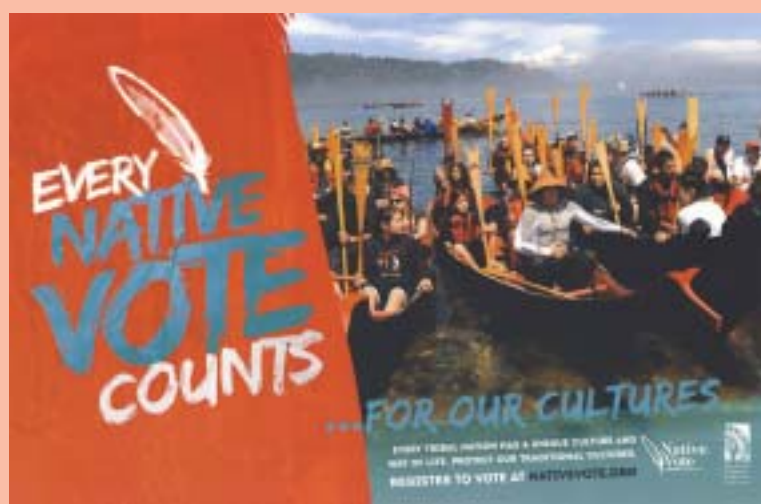
**Leave the line behind...
Get ready to vote**

- Keep your name and address updated with Elections
- Contact Elections if your ballot didn't arrive
- Get the ballot back early

King County votes by mail!

OCT 8 Register to vote
OCT 17 General election
OCT 29 Vote early
NOV 6 General election day

King County Elections | www.kingcounty.gov/elections | 206-276-VOTE (8483) or 1-800-305-4146



Voter Registration Luncheon in the Cougar Room.



Voter Registration table at the NW Native American Basketweavers Conference 2012

Muckleshoot Community ELECTION RALLY

Monday, Nov. 5th, 2012
5:00 pm to 8:00 pm

Location: Pentecostal Church

Catered Hawaiian BBQ and Prizes!
Raffle items include:
• 50" LCD TV
• Apple iPad
• Pendleton blanket
• Other items TBA

Bring your official voters ballot you received in the mail to enter the raffle drawing

*Need to be present to win for raffle.

Award-Winning Native American singer Star Nayea Comes to Muckleshoot

On Tuesday November 20, at 6:30 pm to 8:30 pm award winning singer and Native American performing artist Star Nayea will be presenting a free concert at the Pentecostal Church at Muckleshoot. Star Nayea is sponsored by the Big Brothers Big Sisters of Puget Sound Native American Initiative at Muckleshoot. Star Nayea recently released her sixth album entitled "Silenced My Tongue," and received a 2008 NAMMY Award for Song Writer of the Year.



Star Nayea

Although Star Nayea is a solo artist, her long list of musical collaborations is very impressive. She has worked with many noteworthy Native American Artists such as Indigenous, Joanne Shenandoah, and Buffy St. Marie. One of Star's most memorable experiences was singing along side Chuck Billy, the front man of the heavy metal band "Testament," who shares her Native American culture. Star Nayea has also had the honor of opening for the infamous Willie Nelson and the 80's rock band, Styx.

Star Nayea's performance abilities are not limited to her blues/pop/rock sound. In 1997, she acted as a lead vocalist on the all Native American Broadway style production of "Tribe." That same year, Star was discovered by Canadian playwright, Thomas Highway, who cast her in the Broadway style rendition of "Rose." Star Nayea has also been invited to perform back up vocals for Robbie Robertson and held a few jam sessions with Tom Wolf.

Star Nayea's emotion and strong will brought her out of such a despairing situation with her head held high and her dreams a reality. While she is thankful for her success and those that helped her on this journey, she still searches for her Native American birth family and prays that they will one day be reunited. Star remains active in the Native American community. She performs on Indian reservations and developed the "Healing Power of Music" program where she reaches out to underprivileged Indian youth that are in the positions she was in many years back.

This free Community Event is sponsored by the Big Brothers and Big Sisters of Puget Sound Native American Initiative at Muckleshoot. If you would like your child to have a Native American mentor or you are over 17 and would like to apply to volunteer as a mentor call Uri Israel at 206 861 4729.

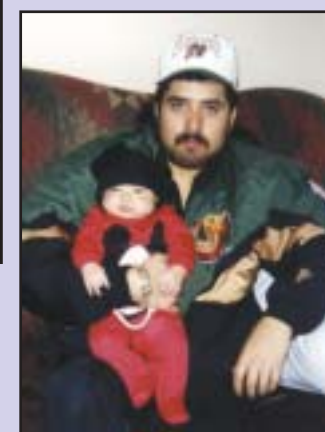
Star Nayea Free Concert
November 20, 2012, 6:30 – 8:30 PM
Muckleshoot Pentecostal Church
39731 Auburn Enumclaw Rd SE
Auburn, WA 98092

Event sponsored by Big Brothers Big Sisters of Puget Sound Native American Initiative.

WITCHES, GHOSTS & GOBLINS AT THE DOOR

For years now, Virginia Cross has been taking pictures of the little witches, ghosts and goblins that appear at her door on Halloween, and she's wondering if anyone will recognize them. If you see someone you know in these photos, tell Virginia about it!

PHOTOS BY VIRGINIA CROSS



What is the CSSD? And what does Fawn James Hutchens do?

The CSSD, or Community Support Services Director, is Fawn James Hutchens. This position oversees a few of our Youth Programs and the Adult Work Training Program, and is working to implement ideals that address concerns and requests of the Youth Development Committee and Muckleshoot Community.

Which programs? Student Incentives/Clothes Voucher Program, Youth Development (merger of Youth Facility, Drop In, Youth Work Training, and Youth Services), Recreation, and Adult Work Training Program (former Job Corps).

There have been quite a few changes to all these programs and some may remain and some may change again until we get the formula that provides a better service to our Youth and Community. We are focusing on improving the type of service we provide, streamlining applications/forms, and most importantly encouraging our participants to become our next leaders!!

RECENTLY IMPLEMENTED CHANGES:

- **Student Incentives/Clothes Vouchers:** Offered South Center (Westfield) Mall gift card with stipulation that receipts to be returned to verify expenditures met guidelines specifications.
- **Youth Work Training Program:** Youth Trainees are given the opportunity to apply for positions that interested them and are given a two-three week review period to make final determination that they enjoy their job. We will host two more hiring sessions during the school year (January and April) to fill any open positions.
- **Youth Development Program:** Merge of all staff allows for the building to be utilized six days of week with Tues-Saturday providing on-site activities, workshops and trainings.
- **Recreation:** Staff teamed up to create two teams for soccer to allow them to hold regular practices two times a week.
- **Adult Work Training Program:** The participants are tight schedules from 8:00a-5:00p —currently attending GED classes Mon-Thurs for 2-3 hours a day then they conduct “Community Care” work orders (lawn mowing, wood stacking, assisting other programs, etc.). Participants that have completed at least three GED tests or a long-term participant are stationed at internships at Senior Center. We are working obtain more program internships. For assistance from this program contact Melvin Daniels, please note we do not work weekends and 24-48 hours notices is preferred.

FUTURE MILESTONES:

- **Student Incentives/Clothes Vouchers:** We to combine the Clothing Voucher and School Supplies Applications (we know they are exactly the same, but they are for separate programs and the data is important for audit and budgetary purposes).
- **Youth Work Training Program:** We will have trainees at the Muckleshoot Library thanks to Josie Benito-Romero in her efforts to get an MOU. Hope to set up hands-on training “Experience” with MIT programs.
- **Youth Development Program:** Youth Council will be started in October (ages 12-18); Hosting Dances; and providing service to MIT Enrolled youth and Descendants ages 7-18.
- **Recreation:** Intertribal Youth Basketball – late October thru December for Elementary and Middle school youth; two teams with practices twice a week and one game weekly (practice attendance may determine playing time). Contact Tabitha Baker for Registration and Waiver forms.
- **Adult Work Training Program:** We will be starting a new training program along with GED classes for our participants and hope to increase our participant numbers. A big vocational project being developed is opening the Espresso stand at PSB.

There tons of great ideas that we have already put into play but we are sure there are more to be shared with us – please provide us your concerns, ideas or requests.

Please keep in mind that if you experiencing or having problems with any of these programs, you are encouraged to submit a written complaint so that we may take corrective action that complies with our guidelines and HR policies.

What happens to your complaint? I believe in following the chain of command, so a complain submitted to me is brought to the Manager or supervisors attention, the staff in question is provided opportunity to draft an incident report, then the Manager/Supervisor provides counseling on how to correct the issue with staff. We can not share with anyone outside of Management and Human Resources whether disciplinary action was taken due to confidentiality policies. Please know that based on number of incidents and complaints, we do what we can within our means to correct problems.

You may email or drop off any written complaints, ideas, concerns:

Fawn James Hutchens – fawn.james@muckleshoot.nsn.us
Phillip Starr bldg – 2nd Floor | 253-876-3099

Salish Youth Training Program

This summer we were able to offer an exclusive training, the Business and Hospitality Experience at Salish Lodge conducted by Columbia Hospitality for our Youth Work Training Program and Adult Work Training Program Participants. Since this was our first B&H Experience, the group was limited to 10 youth trainees who were chosen based on their attendance and behavior during the past 6 weeks of summer work session, and due to some scheduling conflicts three adult trainees attended the last day.

During August 20-22, 2012, our trainees learned about all careers in the hospitality industry, tips on how to prepare for a job interview and how to stand out from other candidates, but we focused on Hospitality, Room & Housekeeping, Marketing/Branding, Engineering, and Food & Beverage divisions as these are current division offered in our Governmental and Gaming operations. Each division briefed and provided an example of what each level of staff (non-management vs. management) does and how-if applicable- excelled in the business and what type of education was needed.

The last two days included team challenges: 1) Room & Housekeeping challenge – the students were divided into two groups and given photo note cards to memorize during lunch then they were brought to two separate rooms to inspect, identify and report any missing or out of place items. For example, there the pen and note pad should always be centered on the side table with the logos facing up or the bathroom should have one lotion, one conditioner, one shampoo, one body wash on the tray; 2) Food & Beverage challenge – the trainees met Chef Brian Sullivan and given a tour of the kitchens then asked to make pizzas which would be voted on by appeal, creativity, and taste; 3) Engineering challenge – the trainees were given a tour of the garden and bee hives then completed painting a logo on the garden floor.

Overall, the importance of this B&H Experience is to inspire our Trainees to consider these types of positions and pursue educational endeavors for them to become the managers of our businesses; especially as our Tribe seeks to diversify our investment and employment opportunities.

In the future, we hope to create a similar Experience for our trainees with MIT Programs and Gaming Operations to provide various hands-on experiences with the intention encourage our trainees to focus on specific fields of interests and become our next generation of Management and Leadership staff.

We would like to send a special THANK YOU to: Youth Development Committee, Columbia Hospitality, Salish Lodge & Spa staff, Tribal Council, Volunteer Chaperones, Youth Work Training Program, and Adult Work Training Program. This was an incredible experience and we look forward to the 2nd Annual B&H Experience in 2013.

Trainees:

Nathaniel Williams
Jacinda WhiteEagle
Danyelle Sarabia
William Grant
Elizabeth (Becky) Ocampo
Ryan Elkins
Keilani Moses
Lucinda Moses
Leo Jim Goodluck

Jose’ Mendoza
Angelena Moses
Leon Brown
Jo Jeff Jansen

Chaperones:

Tony Benson
Janet Emery
Sara DogEagle
Melvin Daniels



Muckleshoot Youth Development Program

The Youth Development Program (former Drop-In Center and Youth Services Programs) is now open to all Muckleshoot enrolled youth, as well as biological descendants between the ages of 7-18.

All youth interested in joining our program are encouraged to stop by today and pick up an enrollment form.

Our program offers an array of fun activities, workshops, and field trips with a focus on leadership skills, life skills, and career skill development. This is a drug and alcohol free program.

Both transportation to and from the program, as well as meals/snacks are provided to eligible youth participants.

All participants must have a completed enrollment form in order to participate in activities and trips. Please stop by the program today to pick one up to start having fun with us!

Some specific services provided by the Youth Development Program include:

- Cultural, recreational, and educational on site activities
- Youth Work Training Program & job skill development
- Behavior counseling & gang intervention
- Life skills & educational workshops
- Youth Council
- Dances
- School supplies distribution
- Educational field trips

All participants must have a completed enrollment form in order to participate in activities and trips. Please stop by the program today to pick one up to start having fun with us!

The Muckleshoot Youth Development Program is located on the Muckleshoot Reservation at 17608 400th Street, Auburn, WA. Phone: 253-876-2853. If you have questions, please contact Teri Masters at 253-876-3346.

Clip & Save

CONTACT UPDATES FOR THE Community Support Services Division:

Adult Work Training Program (Job Corps) –
(253) 876-2822 - Mon-Fri 8a-5 p

Program Manager: Melvin Daniels –
Melvin.daniels@muckleshoot.nsn.us
Staff: Denise Haynes and Henry Miller

Youth Development Program (Former Drop-In Center)–
(253)876-2853-Age limit: 7-18 yrs.

Hours of Operation: Tues. Noon-10pm / Fri. & Sat. 3 pm – 12 am
Assistant Program Manager: Teri Masters –
Teri.masters@muckleshoot.nsn.us

Staff: Etene Taimalelagi, Adriel Foxley, Tony Benson, Donald Dorsey, Shelly Reynolds, Josie Benito-Romero, Angel Melendez, Anna Brendible, Tina Stevenson, Lloyd Belmont, and Rachel Williams.

Youth Work Training Program–
(253) 876-3383 – Age Limit 14-18 yrs Hours: Mon-Fri. Noon-8pm

YDP Asst Prog Mgr: Teri Masters;
Staff: Josie Benito Romero and Angel Melendez;

Recreation- (253) 876-2923 -
Applications: Mon-Fri 8a-5p –

Staff: Various Hours Mon-Fri & Some weekends
Staff: Program Mgr –V acant/Fawn Hutchens; Kelvin Barr,
Pauline Lezard, Mike John, and Tabitha Baker

Student Incentives/Clothing Vouchers- Mon. 10:30a-6:30p & Tues.- Fri. 9:30a-6:00p > NOTE: Mon/Tues may include Off-site hours, please call ahead to verify staff availability (253) 876-3370
Staff: Christina Chagolla

Student Incentives program is intended encourage enrolled tribal members to achieve the greatest success possible in their K-12 education in the form of both financial and non-financial rewards and incentives. Although we prefer for all concerns, complaints or questions regarding any of the programs listed above to follow the chain of command first by contact the Program Manager; Tribal members are welcome to contact me as well.

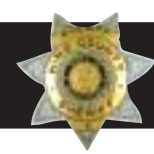
We encourage written reports of any concerns or complaints so that we may appropriately address and resolve issues, please submit any reports to specific Program Manager or Me via email or personal delivery.

PHONE: (253) 876-3099
FAX: (253)876-3187
E-MAIL: fawn.james@muckleshoot.nsn.us
LOCATION: Phillip Starr Building RM#242; 17000 172nd Ave SE, Auburn

- Must be Muckleshoot enrolled or a biological descendant
- Must be enrolled in school
- Have good grades and attendance
- Parent Involvement is a MUST
- Attend Bi-Weekly Meetings
- Be a voice of the YOUTH
- Able to Volunteer time for meetings/activities/field trips
- Must complete a Youth Development Program enrollment form (will be provided at first meeting)
- HAVE FUN!!!



MUCKLESHOOT POLICE



Muckleshoot Police September Recap

NOTE: Those subjects listed as “arrested” or “arrested via citation” means there is enough evidence for the police to prefer charges. None have been convicted yet.

Those subjects listed as “arrested” or “arrested via citation” means there is enough evidence for the police to prefer charges, but that they have not been convicted.

09/01/12 10:45 AM 12-205391 Poplar ST/Auburn Way S Foot Chase

An adult male with a warrant ran from a deputy. Due to circumstances (minor warrant, subject known to carry weapons and no back up) the deputy discontinued trying to catch the male after a short foot chase.

09/01/12 6:30 PM 12-205676 16400 block SE 391 ST Stolen Vehicle Recovery

A stolen maroon 1995 Nissan Pathfinder was recovered that had been stolen earlier in the day in Kent. All four wheels and tires were missing.

09/01/12 8:01 PM 12-205771 Skopabsh Village Vandalism

An intoxicated adult male was causing a disturbance at a house. A deputy contacted the male and transported him to his house. The deputy went back to the house and contacted the resident. The bottom of the screen door was kicked in, the resident said he did not know how it happen. The entire house smelled of alcohol and beer cans were scattered about.

09/02/12 10:18 PM 12-206557 Skopabsh Village Custodial Interference

An adult female called to report that her mother would not give her two juvenile children back. Deputies arrived and straighten out the situation with the grandmother agreeing to release the children to the mother.

09/03/12 4:30 PM 12-207084 41900 block 180 AV SE Stolen Vehicle Recovery

A stolen gold 2005 Chevrolet 2dr pickup truck was recovered with all four wheels and tires missing. The truck had been stolen in Pierce County on 08/21/12.

09/04/12 9:30 PM 12-208283 16400 Block SE 392 ST Theft

An adult male had his Droid Pantech cell phone stolen by another adult male. The victim did not want to prosecute he only wanted his phone back. The suspect could not be located.

09/08/12 6:43 PM 12-211701 Skopabsh Village Trespass

Edith Price (25) was trespassed from all Muckleshoot Housing Authority property for one year at the request of a Housing Authority staff member.

09/08/12 7:30 PM 12-211730 Cedar Village Vehicle Prowler

An adult female observed two unknown native males attempting to break into her vehicle in the driveway. The suspects fled when they saw the owner. No loss.

09/09/12 7:20 PM 12-212464 Pow Wow Grounds/Stick Games Mental Complaint

A highly intoxicated adult male was sent to the hospital via an ambulance for a mental health evaluation. The male had swung at his mother but missed her. It took five event security staff to hold him down. The male said he wanted to die and that he wanted to kill himself.

09/09/12 8:50 PM 12-212563 36800 block Auburn-Enumclaw RD SE Juvenile Runaway

An adult female reported a juvenile she has temporary custody of as a runaway. The juvenile returned home on 09/10/12 at 5:00 PM.

09/09/12 8:56 PM 12-212555 36800 block Auburn-Enumclaw RD SE Juvenile Runaway

A mother reported her juvenile child as a runaway. The juvenile returned home on 09/10/12 at 5:00 PM.

09/09/12 11:30 PM 12-211939 Pow Wow Grounds/Stick Games Threats

A juvenile received a death threat from another unknown juvenile.

09/10/12 2:05 PM 12-182194 17800 block SE 408 ST Juvenile Runaway Found

A social worker found a juvenile in Tacoma who had been reported as a runaway.

09/12/12 4:09 PM 12-214974 Davis Property Theft

An adult male reported the theft of Oxycontin, Methadone, Xanax, a wallet with \$180 in cash and a watch from his house. There were no signs of forced entry.

09/13/12 1:19 PM 12-215740 Swan Flats Theft

An adult female reported the theft of her Muckleshoot Tribal ID card.

09/13/12 4:30 PM 12-215798 Davis Property Burglary

A house was entered via an unlocked back door while the residents were gone. A black Wii with two controllers and a Super Mario game were stolen.

09/14/12 11:37 PM 12-216569 16000 block SE 386 Way Citizen Assist

The school deputy assisted the school’s Family Advocate with a juvenile student that did not go to school by going to the student’s home.

09/14/12 2:00 PM 12-216709 Muckleshoot Indian Reservation Elderly Abuse

Muckleshoot Police received a referral from Adult Protective Services of an elder being physically abused. A case has been opened. Details are being kept confidential due to the nature of the case and an ongoing investigation.

09/15/12 11:39 AM 12-217451 38800 BLOCK 172 AV SE Vandalism

The windshield on a tribal vehicle waiting to go to auction was broken with a large hard dirt clod.

09/15/12 9:12 PM 12-217823 17000 block Auburn-Enumclaw RD SE Reckless Driving

Abel Velasco Esparza (27) was stopped for reckless driving. Velasco Esparza was cited for “Reckless Driving” and “No Valid Operator’s License.”

09/16/12 10:39 AM 12-218126 Browns Corner Obstructing an Officer

Russell Ward (31) has a felony Department of Corrections (DOC) warrant. Ward ran from a deputy when the deputy was attempting to arrest him on the warrant. Ward is being charged (arrested via citation) with “Resisting Arrest.”

09/16/12 4:40 PM 12-218301 Skopabsh Village Vandalism

A known adult male put a picnic table up against a house to get to a second floor window, in the process an exterior light fixture was damaged.

09/18/12 12:22 AM 12-219425 37000 block Auburn-Enumclaw RD SE Mental Complaint

An adult male called 911 to report that he was thinking of harming himself. Deputies contacted the male, he stated that he was off his medication. The male was sent to the hospital via a private ambulance for mental health treatment.

09/28/12 11:07 AM 12-226220 Muckleshoot Tribal School Burglary

A John Deere Gator was stolen from the equipment shed next to the football field on 09/27/12. This Gator and another one stolen from unincorporated King County near the reservation were found in the wooded area in the 14700 block of SE 368 PL. Two juveniles are being investigated for the thefts.

09/28/12 4:00 PM 12-228283 5000 block 166 CT E Fraud

An adult female reported that she and her husband have received three credit cards in the mail that they never applied for. There are \$5,000 in charges on two of the cards with most of the charges being from out of state and made over the internet.

09/29/12 8:00 AM 12-228991 37100 block Auburn-Enumclaw RD SE Sexual Offender Registration Violation

An adult male registered sex offender was found to be in violation of his registration requirement to update his address as it was found he is not living at the address he registered at.

09/29/12 8:00 AM 12-228991 38900 block Auburn-Enumclaw RD SE Sexual Offender Registration Violation

A second adult male registered sex offender was found to be in violation of his registration requirement to update his address as it was found he is not living at the address he registered at.

10/01/12 10:00 AM 12-231356 37000 block Auburn-Enumclaw RD SE Fraud

Deputies investigated an Adult Protection Services referral of alleged fraud in which the victim denied being taken advantage of. Case closed.

10/01/12 1:00 PM 12-230374 17500 block of SE 392 ST Prescription Forgery

An adult female presented a forged prescription to the Muckleshoot Pharmacy and obtained narcotics. The incident was recorded on video surveillance and a suspect identified.

10/02/12 1:00 PM 12-231205 17500 block SE 392 ST Prescription Forgery

A second forged prescription was presented to the Muckleshoot Pharmacy by an adult female, but was NOT filled as the pharmacy was able to verify the forged document before narcotics were dispensed. The incident was recorded on video surveillance and a suspect identified.

What You Need to Know About Burglary Prevention

“What can I do so it doesn’t happen to me?” While there is no 100% guarantee, I can offer suggestions to reduce the chances of becoming a victim.

When you are at home:

- Use deadbolt locks on all exterior doors and keep them locked.
- Protect windows and sliding glass doors with good locks and window dowels. You can take measurements of the inside track and go to a local hardware store to have the wooden dowels cut. This is very inexpensive.
- Make sure to engrave your property. I have engravers at the Housing Office available for check out. I can show you the correct ways to mark your property.
- Keep an inventory of your items. I have forms for that as well.
- Call your insurance company for a quote on Renters Insurance. There is a misconception that insurance is expensive. I’ve called around and some companies will insure your property up to \$25,000 for only \$6 per month. It doesn’t hurt to get a free quote and may save you in the long run.

Renter’s Insurance Contacts. These sites allow you to get a free on line quote.

www.geico.com or 1-800-566-1518

www.statefarm.com - several local numbers are listed.

www.pemco.com or 1-800-4673626

There are many more but this should give you a good starting point.

More Safety Tips:

- Do not open your door to a stranger. If they say it’s an emergency, let them know *you* will call 911 for them.

- If you see something suspicious call 911 immediately. If in doubt, make the call and let us investigate.
- Get to know your neighbors.
- When you purchase a new item, dispose of the cardboard at a different location. Criminals pay attention to what you are throwing out and will make a list of it and strike at a later time.

Alarms in Tribal Housing. If you are interested in having an alarm installed, contact the Muckleshoot Housing Authority beforehand at 253-876-2886. Approval is on a case by case basis.

I’m also available for **Residential Surveys**. That involves me coming to your home and checking the locks, lights, landscape, etc. I have forms that are specific to this area. You will be provided a copy of the report before I leave.

All of us are dedicated to providing a safer community for all, but we need your help! Take a proactive role and CALL 911 IMMEDIATELY FOR CRIMES IN PROGRESS!

TIP Line – 253-876-2850

Deputy Ron Riehs

Muckleshoot Tribal Police - Housing Authority

38037 158th AVE SE, Auburn, WA 98092

(Office) 253-876-3027

ronald.riehs@kingcounty.gov



SUCCESSING WITH THE DIFFICULT CHILD

Presented by: Gary Benton

Gary is a native Northwesterner. He has been in social work for over 30 years, providing marriage and family therapy, anger management and domestic violence treatment. He is a local and national consultant, trainer and seminar presenter providing programs on anger management, domestic violence, dealing with difficult children, customer service, goal setting, communication skills, managing change, grief and loss in the work place, stress reduction, building self-esteem in children, team building and more.

This workshop is focused on the difficult, angry, acting out and defiant child.

The major goals of the workshop are:

- Identifying the factors that lead children to act out
- Identifying the factors that improve the response of the adult to an acting out child
- Identifying strategies to prevent or minimize acting out
- Identifying strategies to help children with ADD/ADHD and more severe disorders
- Identifying strategies to prevent burn-out in adults dealing with difficult children
- Identifying strategies to improve participation of parents of acting out children
- Identifying strategies to help improve teamwork among adults and co-workers

Please join us for this informative Training:

Friday, October 26, 2012

9:30 am – 4:30 pm

Muckleshoot Casino Conference Center

2402 Auburn Way S., Auburn, WA 98002

There is no charge for this training. Please **DO NOT** bring children, as **NQ** childcare is available.

To register, please complete the form below, detach & mail to:

Yolonda Marzest, MSW

DSHS/RFTI

4045 Delridge Way SW Suite 201 (MS:N56-1)

Seattle, WA 98106

Or E-mail to Yolonda.Marzest@dshs.wa.gov

REGISTRATION FORM

I will attend “Succeeding with the Difficult Child,”

Name: _____ City: _____

Address: _____

Zip: _____ Phone: (Area Code): _____

Please check the appropriate box Foster/Adoptive Parent Relative/Kinship DSHS Staff Private Agency Staff

Vicki Helen Newman *continued from page 3*

She had her adopted parents and family, but it was not the same. Her adopted parents cared for her and kept in touch until they passed away in the 80’s. She never really spent any time with them or talked to them much.

But she used to talk about her Muckleshoot family with a wistful look in her eye. She cried when she spoke of them and never really said too much other than that she missed them greatly. She loved them all, but didn’t know what or how to find them. I was able to help her, starting with her birth

certificate, and asking questions, sending emails, etc. I was able to get her in touch with her family, and she was so overjoyed... there are no words that could describe the happiness on her face.

Our mom, Vicki, was a very strong woman who endured a hard life, and she was an amazing mother who made our life the happiest she possibly could. Even during hard times, she never gave up. She loved life and never let things get her down. And when they did make her sad, she sang. She sang to the

moon and the stars and the sun and the birds and animals around her. She made her heart better when she sang and the tears always went away after that.

She was simply amazing. She was a gift to us. I miss her already, and wish there was a telephone in heaven because I know that she is finally at rest and is happier than she has ever been, but I’d just like to hear her voice one more time. ~ GINA MARIA HILLESHEIM

MEET YOUR HEROES DAY

PHOTOS BY SEIRA LYNN PACHECO & JOHN LOFTUS

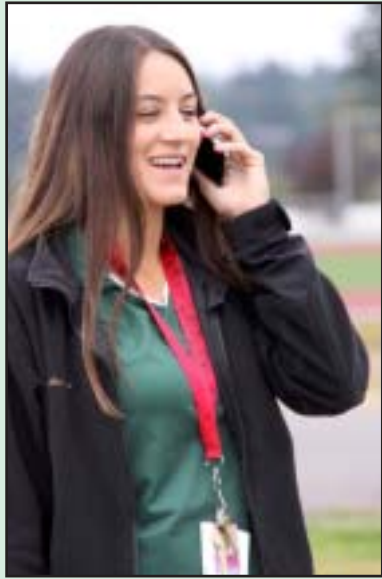
By John Byars, Security Manager, Muckleshoot Tribal School

As many readers know from last year's Meet Your Heroes Day, we at the Tribal School set aside a day each year to not only honor the men and women who serve our community each day, but to also give the children a chance to look at the jobs that are out there, waiting for them to fill those positions.

What some may not know is how this event grew and developed. Almost three years ago, the SRO Steve Lessard and myself were talking about new ways to not only reach out to troubled kids, but to show them a positive path they can walk in the road of life. From this conversation, we came up with the Meet your Heroes day. This led to us going to the School Superintendent, and the School Board for their permission and support to make this day happen.

Last year, our day led to so many positive comments from the students and it was decided to make it an annual event. We hold the day in September, in conjunction with the National Emergency Preparedness Month.

Each year, we hope to be able to continue our twofold mission, to educate the students, and to inspire hope. With this in mind, we are always looking for Native Americans who are in a service industry, such as emergency preparedness, law enforcement, fisheries, or wildlife to come spend a day with our children, to entertain and educate them.





St. Leo The Great Catholic Mass

Every Sunday at 1:30 p.m. please join the Tacoma Kateri Circle and Father Pat Twohy, S.J. in celebrating the Catholic Mass. Native American Catholics are encouraged to celebrate the sacraments whether you are a regular parishioner or have not been to mass in months or years. Every third Sunday at 12:45 p.m. we have our Kateri Circle meeting, we are seeking new members. After the mass we will have a delicious potluck. St. Leo's is located at 710 South 13th Tacoma, WA 98409. Our website is www.katericircle.com

Cobell Questions? Landowners/IIM Account Holders

If you have questions regarding the Cobell Lawsuit or know someone who may have questions/concerns, talk to a well-informed person with the "Garden City Group" (GCG) by calling their toll free number: 1-800-691-6109, or e-mail them at: info@IndianTrust.com

CULTURAL WELLNESS GATHERINGS

AA Meeting
The Foundation Every Tuesday 12-1PM
Muckleshoot Recovery House Lunch Served
39225 180th Ave SE
Auburn Wa. 98092

Feather Healing Circle
39015 172nd Avenue SE Tuesdays 5:00 pm
Auburn, WA

Grief and Loss
Grief and Loss Wednesday's 6:00pm -8:00pm
Support Group Behavioral Health, Bear Lodge

Women's Group
Muckleshoot Tribal College Thursdays 5:00 pm

Boys Mentoring Group
Muckleshoot Behavioral Health Thursday's 4:30 pm to 9:00 pm

Al-Anon Meetings
Auburn First United Methodist Church Monday 10:30 a.m.
E. Main & N St. S.E.
Auburn, WA 98002

Federal Way Sunrise
United Methodist Church Monday 6:30 pm
150 S. 356th St.
Federal Way, WA 98003

Have you ever considered a career in gaming regulation?

THE MUCKLESHOOT GAMING COMMISSION regularly posts openings at the Casino, Tribal Headquarters, and the Commission office. Because resumes and/or applications are accepted for open positions only, check often or call 253.735.2050 for current openings.



**IN THE MUCKLESHOOT TRIBAL COURT OF JUSTICE
YOUTH COURT DIVISION
FOR THE MUCKLESHOOT INDIAN RESERVATION
AUBURN, WASHINGTON**

IN RE THE WELFARE OF:

A. W. Case No.: MUC-J-10/02-090
DOB: 05/28/2002 MUC-J-12/01-070
G. W. MUC-J-12/01-069
DOB: 04/30/1999
K. J. W., JR.
DOB: 10/24/1996
INDIAN CHILDREN NOTICE OF PERMANENT PLAN HEARING

TO: (MOTHER): AUREA ROSE GONZALES
(FATHER): KEVIN JAMES WAYNE, SR.
(PROSECUTOR): ANNIE HARLAN
(CHILD & FAMILY SERVICES WORKER): ROSEMARY ANDERSON

YOU AND EACH OF YOU will please take notice that a Permanent Plan Hearing will take place on Tuesday, 27th day of November, 2012, at 10:00 AM, in the Muckleshoot Tribal Court of Justice, located on the Muckleshoot Indian Reservation, Auburn, Washington.

The purpose of this hearing is to determine a permanent status placement for the child(ren).

The rights of parent(s), guardian(s) or custodian(s) may be affected in the proceeding.

Should any party fail to appear for the hearing after receiving proper notice, the court may make permanency arrangements for the child(ren) and take any other action that is authorized by law, including entering a permanent plan other than return home of the child. At the permanent plan hearing, the court may also consider whether termination of parental rights is in the best interest of the child.

Please refer to Muckleshoot Child and Family Protection Code Sections 12A.04.010 - .020 for further information on the type of action the court may make at a permanent plan hearing.

The parents, guardian and custodian of the youth, are each entitled to have someone represent them at this hearing, but at their own expense-meaning that they will be solely-responsible for any fees charged by that person.

If you have any questions regarding the nature of this hearing or the location of the Court, please contact either the Court Clerk at (253) 876-3203, or the Prosecutor at (425) 774-5808 ext. 108.

Dated this 11 September 2012

/s/Bobbie Jo Norton
BOBBIE JO NORTON
COURT CLERK
PHONE:(253) 876-3203
FAX:(253) 876-2846

MUCKLESHOOT INDIAN CASINO
You can now apply for jobs ON-LINE

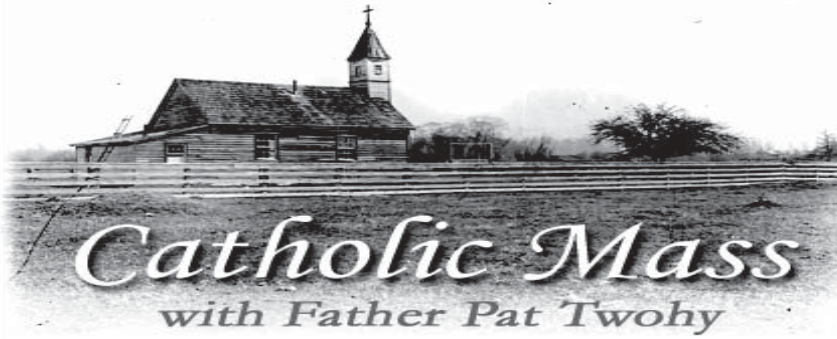
Visit www.muckleshootcasino.com and click on "Career Opportunities" to view current job openings then complete your employment application. This on-line application can be completed 24 hours a day from the convenience of your home computer and/or at the Muckleshoot Indian Casino's Human Resources Office.

All you need is an e-mail address to set up your on-line application. If you do not have an e-mail address call Human Resources Hours:
Monday – Wednesday 9am to 6pm
Thursday 9am to 9pm
Friday 9am to 5pm
HR Phone Number 253-929-5128



Catholic Mass
with Father Pat Twohy

**St. Claire's Mission Chapel
Muckleshoot Reservation
3rd Saturdays at 5:00 PM**



ATTENTION MUCKLESHOOT LANDOWNERS:

Reminder to update your address & or phone number when there is a change in services. The Muckleshoot Realty department 253-876-3170 and OST toll free number 1-888-678-6836. This will enable us to provide important notices of meetings and or signing authority. The BIA/OST will contact you if they have issues that need immediate attention such as but not limited to your IIM statements and Probate hearing notices. Thank you, Realty staff

Come work for Your Tribe and make a difference!!!

The Muckleshoot Tribal Administration is looking to hire Tribal members to fill its new openings. Please visit us in the Tribal Administration Human Resources Department to see if we have any openings that you might be interested in.

Also see our opening on-line at www.muckleshoot.nsn.us



EVENTS CALENDAR

October 26 **Succeeding with the Difficult Child** 9:30 - 4:30 at Muckleshoot Casino Conference Center. Register to yolanda.marzest@dshs.wa.gov

October 29 **Muckleshoot Tribal Halloween Party** at Emerald Downs, 6-9 PM. Costume contest photos 6-7:30 PM, Cake Contest entries must be entered by 6:45 PM. See flyer elsewhere in newspaper about rules for cake contest, costume contest categories and prize amounts.

November 3 **Muckleshoot Canoe Family After Journey Dinner** 1 PM at Muckleshoot Sla Hal Shed

November 5 **Muckleshoot Community Election Rally** 5 - 8 PM at the Pentecostal Church

November 8 **Muckleshoot Behavioral Health Program Family Youth Services** 5-7 PM at the Health & Wellness Center. For more information call 253-333-3605

November 16 **Muckleshoot Tribal Thanksgiving Dinner**, 6-9 PM @ Pentecostal Church

November 17 **Judy M. Wayne Memorial** 10 AM at the New White Lake Cemetery. Lunch at 12 PM at Muckleshoot Shaker Church

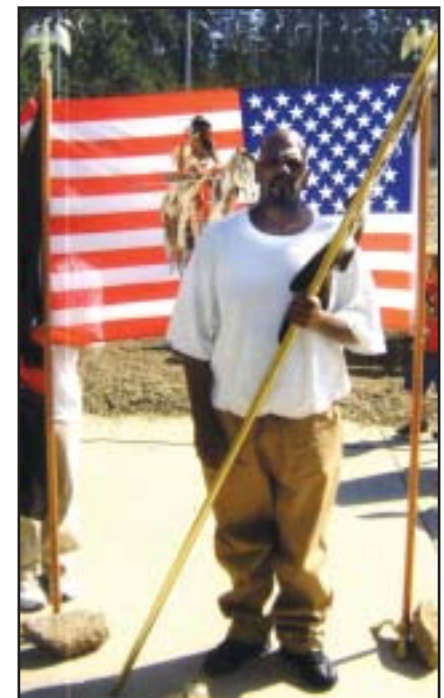
November 20 **Star Nayeя Concert** - 6:30 - 8:30 at the Pentecostal Church

December 17 **SAVE THE DATE! Muckleshoot Tribal Christmas Dinner and Party** - Details coming in future issue of newspaper.

SUBMIT YOUR ITEMS FOR THE EVENTS CALENDAR!!
Muckleshoot.Monthly@muckleshoot.nsn.us

Hello and Thank You to All...

This picture of me was taken at the September 15 pow wow at Larch Corrections Center. I have ties to the Lozier family, and want to thank the Muckleshoot Tribe for donating \$3,000 to our pow wow. Also, I want to say hi to the Rincon, Jensen, Dominick and Moses families. If anyone wants to write to me, here is my address:



Nolton Domingue

Nolton Domingue DOC 725153
Larch Correction Center, Silver Star Unit
15314 NE Dale Valley Rd.
Yacolt, WA 98075

Your family,
Nolton Domingue

PER CAPITA REMINDERS

- When you turn 13 or 18 during a Per Cap Distribution and you have Direct Deposit you will need to turn in a New Direct Deposit form for your new Age group otherwise we will cancel your Direct Deposit until we receive a new one. Teen Direct Deposit Form (orange) Adult Direct Deposit Form (brown) or Seniors (green)
- If you want someone else to pick up your Per capita Check you need to fill out an Authorization Form and have it notarized and turn it into Tax fund. We will not accept forms that are not notarized.
- If you have closed your Bank Account please notify Tax Fund As Soon As Possible so that we can cancel your Direct Deposit. If you wait and we have already send in your Deposit to the Bank you will have to wait until the Bank sends a letter to Tax Fund stating that the deposit did not go through (this can take 1-5 days), then we have to print you a check. This will delay you getting your money in a timely manner.
- If you or a family member are incarcerated and want to notify Tax Fund of what you would like us to do with your Per Cap (mail, put in someone else's name, hold it or just want someone to pick it up) We require a letter to be mailed to Tax fund directly from the jail so it is unopened when we receive it. This is the only way Tax Fund will follow the request being made from an incarcerated Tribal Member
- Things to double check before Per Cap Distribution to make sure Tax Fund and Enrollment has your correct information:
 - Address Change has been updated
 - Your name has changed and you have a Social Security Card showing your new name. Enrollment will need a copy of this before Tax Fund can change in their system.



THE COURVILLE SISTERS: (l-r) Mary Basteys, Margaret McCluskey, Ethel Keeline, Bernice White.



ANNIE & MIRANDA GO FISHING. The girls were excited because they got to take the fish out of the net so it was their catch!

Happy Birthday Sister... Many Happy Wishes to You this Year!
Jennie Martin October 24

Happy Birthday to my niece and nephew!
Henry & Marylyn Martin, October 27

Happy Birthday to Patricia Williams
October 13

Happy Birthday to Daphne Palmer
October 13

HAPPY BIRTHDAY WISHES to...
Dwayne Ross Jr...
My grandson (Dayton)...
I love you both very much (!
~ Theresa Jerry



Ella Mae & Wayne



Marlene and Corina with one of Marlene's dogs. Roscoe was too nervous to have his picture taken.

Thank You, Auntie!

My name is Corina Daniels. I am writing this letter because I have just recently moved back to Auburn to my Auntie's. When I got here to Auburn I wasn't doing very good physically or emotionally. I was at a point in my life where I knew I had to make some serious changes. My Auntie has given me and my dog Roscoe a place to live and gets me where the shuttle can't.

I am very blessed to have her and all my family. I know I haven't been around most of my life and I've made more mistakes than showed any love, I guess. I am asking for a chance to be a productive member of our tribal society and to be a part of the family again.

I so very much appreciate my Auntie, and everything she has done for me and my dog. We sit together and have our morning coffee and watch the news and just talk and talk, which is something we both used to do with my mom before she passed on. My Auntie tells me she thinks my mom sent me here. I think she's right because that morning coffee and those talks we have gave me the energy I needed to get better.

Thank You, Auntie!



Happy Birthday to my husband and best friend of 15 years. Wishing you all the best life has to offer.

Your wife ~ Marcellina Delatorre



This is Jolene Lozier's artistic new Facebook picture.



MILNE FAMILY VACATION
Photos from Norcen

Birth Record

8/26/12
Proud Parents Martina Jansen & Zachary Valles
Boy - Zachary Daniel Jr.
Proud Grandmas, Nancy Jansen & Monti Valles

8/29/12
Proud parents Patrice Fryberg & Francis Daniels
Boy - Royce Marcell Daniels
Proud Grandparents: Diane Johnson, Jeff Carrillo, Sharon Fryberg
Great Grandmother: Frances Marie Johnson

9/5/12
Proud Parents Kayla Moses & George Cross IV
Girl - Erickah Iola Rose Moses
7lbs 11oz. 19in.
Proud Grandparents - Tricia Moses, Darcy Lozier, Donna Crombie, James Cross Sr., Lenore "Lily" Jansen, Darrell Jansen.
Great Grandparents - Rosalie & George Cross, Jim Jansen

9/13/12
Proud Parents Melanie Moses & Robert Baker
Boy - Kayden Baker
Proud Grandparents Ann Moses, Lloyd Barr

9/14/12
Proud Parents Tammy & Stacey Gourdine
Girl - Stasia Gourdine
8lbs. 12oz. 19.3in.
Proud Grandparents: Bonnie & Pete Jerry, Marilyn & Therman Gourdine



Stasia

Congratulations to all our new parents!



Loren Edgar Wilson Simmons-Barr

Happy 5th birthday my son. I am so happy god blessed our family. So grateful for your cheerful attitude every day we head out to school and work.

Picture of cousin's Talonah and P-nut!
10/10/07

THANK YOU... This is a special thanks to all those who enjoyed Loren Simmons-Barr's special day. He is a whole 5 years old now. Also a special thanks to grandma Dee for allowing us to party at her house with lots of cousins. The day was a success. I so enjoyed spending time with family. Thank you to all. Vanessa & Loren 10-10-12 :)

Birth Announcement

Xandra Aliza Cross

Born Monday, September 3, 2012 at 7:35am
7 lbs 3 oz. 19 1/3 inches
Proud Parents - Elena Mendez & Stanley Cross
Proud Grandparents - Jan Nelson, Daniel Broncheau, & Marena Cross
Proud Great Grandparent - Kenny Cross

